

NORWEST LC QUALIFYING MEET



PROGRAM OF EVENTS

**SATURDAY JANUARY 11TH, 2025
SYDNEY OLYMPIC PARK AQUATIC CENTRE**

PROUDLY SUPPORTED BY GOLD SPONSOR:

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Western Sydney Aquatics specialises in teaching swimming, including stroke development, stroke correction, competitive swimming skills and water safety skills. Western Sydney Aquatics meet the needs of Norwest Swimming Club by teaching students ranging from children up to open age competitors. Western Sydney Aquatics is dedicated to producing a high quality swimming education service.

For more information about Western Sydney Aquatics [click here](#) to visit their website or email swim@westernsydneyaquatics.com.au

NORWEST CLUB COMMITTEE

President	<i>Hanneke McDonald</i>
Vice President	<i>Vacant</i>
Treasurer	<i>Bec Abbott</i>
Secretary	<i>Natasha Brown</i>
Race Secretary	<i>Belinda Havron</i>
Friday Night Convenor	<i>Andrew Wilson</i>
Registrar	<i>Jiggy Kakkad</i>
Fundraising Officer	<i>Natasha Griffiths</i>
Uniform Officer	<i>Emylia Suvajac</i>
MPIO	<i>Nicole Cherry</i>
General Committee	<i>Jake Miller, Natalie O'Brien</i>

THANK YOU TO VISITING TECHNICAL OFFICIALS

Andris Galvins, Brad Fahey, Chris Hand, Dave Cooper, Doona Keith, Faye Lewis, Jarryd Keith, Jenny Jalvo, Jose Jalvo, Judith Federer, Michael Tuohy, Nick Kieth, Robert McDermott & Tracey Street.

We thank them for their time and support!

TIMEKEEPING DUTIES

LANE 0 - Lane Cove Swimming Club	LANE 5 - Norwest Swimming Club
LANE 1 - Norwest Swimming Club	LANE 6 - Norwest Swimming Club
LANE 2 - Norwest Swimming Club	LANE 7 - Norwest Swimming Club
LANE 3 - Norwest Swimming Club	LANE 8 - MLC
LANE 4 - Norwest Swimming Club	LANE 9 - Castle Hill

VISITING CLUBS

<i>360 Scully Park</i>	<i>Hunter</i>	<i>Port Macquarie</i>
<i>Abbotsleigh</i>	<i>Jones</i>	<i>Ravenswood</i>
<i>AquaBlitz Toongabbie</i>	<i>Kincoppal-Rose Bay</i>	<i>Revesby Workers</i>
<i>Atlantis</i>	<i>Kincumber</i>	<i>Ripples St Marys</i>
<i>Auburn</i>	<i>Knox Pymble</i>	<i>Riverstone</i>
<i>Barker</i>	<i>Ku-ring-gai</i>	<i>Sans Souci</i>
<i>Blacktown</i>	<i>Lane Cove</i>	<i>Seahorses</i>
<i>Bluefins</i>	<i>Leichhardt</i>	<i>Slc Aquadot</i>
<i>Camden</i>	<i>Loreto</i>	<i>Sopac</i>
<i>Campbelltown</i>	<i>Lower Blue Mountains</i>	<i>Southern Sydney</i>
<i>Carlile</i>	<i>Macquarie Shores</i>	<i>Stroud</i>
<i>Castle Hill</i>	<i>Macquarie University</i>	<i>Second Wind</i>
<i>Charlestown</i>	<i>Manly</i>	<i>Swim Infiniti</i>
<i>City of Sydney</i>	<i>Menai</i>	<i>Swimwest</i>
<i>Coulter</i>	<i>Merrylands</i>	<i>Sydney University</i>
<i>Cranbrook</i>	<i>Mittagong</i>	<i>Taree</i>
<i>Cruiz</i>	<i>MLC</i>	<i>Terrey Hills</i>
<i>Dapto</i>	<i>Mosman</i>	<i>The Hills</i>
<i>Drummoyne</i>	<i>Mount Annan</i>	<i>Trinity</i>
<i>Engadine</i>	<i>Narrabeen</i>	<i>Warringah</i>
<i>Forster</i>	<i>Nepean</i>	<i>Wenona</i>
<i>Galston</i>	<i>Newington</i>	<i>Windsor</i>
<i>Ginninderra</i>	<i>Nuswim</i>	<i>Woy Woy</i>
<i>Gosford</i>	<i>Picton</i>	<i>Wyee Point</i>
<i>Hornsby</i>	<i>PLC Sydney</i>	

THANK YOU FOR SUPPORTING OUR MEET





SAT 11/01/2025



SOPAC



2/01/2025*

*OR WHEN TIMELINE IS REACHED - NO LATE ENTRIES ACCEPTED



Terms & Conditions

- Meet conducted under the rules of SNSW Ltd and is a SMNW approved Meet.
- All Events are Timed Finals.
- Entries via Swim Central.
- Entry Fees: \$13:50 per event (includes the SNSW Meet Levy Fee). SNSW refund policy applies.
- Entries Close: 11:59pm, 2nd January 2025.
- No Late Entries will be accepted.
- No backstroke ledges will be used.
- Age as at 11th January 2025.
- Multi Class events will be medalled 1st, 2nd & 3rd Overall.
- 50m events will be medalled in each age group 8&u-17&o.
- 100m, 200m & 400m events will be medalled 10&u, 11, 12, 13, 14, 15&o.
- Assisted self marshalling will be used at this meet.
- Visiting clubs will be required to assist with timekeeping.
- The Meet Director reserves the right to amend the program and conditions of entry.
- All enquiries: Belinda - racesecnsw@gmail.com

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NORWEST LC QUALIFYING MEET

Morning Session

Boys	Girls	Ages	Event	
1	2	Open	Freestyle	400m
3	4	12/u	Backstroke	100m
5	6	13/o	Backstroke	100m
7	8	12/u	Butterfly	50m
9	10	13/o	Butterfly	50m
11	12	Open MC	Butterfly	50m
13	14	13/o	Breaststroke	200m
15	16	12/u	Freestyle	50m
17	18	13/o	Freestyle	50m
19	20	Open MC	Freestyle	50m
21	22	Open	Backstroke	200m
23	24	12/u	Breaststroke	100m
25	26	13/o	Breaststroke	100m
27	28	12/u	Medley	200m
29	30	13/o	Medley	200m

Afternoon Session

Boys	Girls	Ages	Event	
31	32	Open	Medley	400m
33	34	12/u	Freestyle	100m
35	36	13/o	Freestyle	100m
37	38	12/u	Breaststroke	50m
39	40	13/o	Breaststroke	50m
41	42	Open MC	Breaststroke	50m
43	44	Open	Butterfly	200m
45	46	12/u	Backstroke	50m
47	48	13/o	Backstroke	50m
49	50	Open MC	Backstroke	50m
51	52	Open	Freestyle	200m
53	54	12/u	Butterfly	100m
55	56	13/o	Butterfly	100m

QTs

Stroke	Distance		
Back	50m	12/u 1:00	13/o 50
Back	100m	12/u 1:45	13/o 1:25
Back	200m	Open	3:20
Breast	50m	12/u 1:05	13/o 55
Breast	100m	12/u 1:55	13/o 1:35
Breast	200m	Open	3:35
Fly	50m	12/u 55	13/o 50
Fly	100m	12/u 1:45	13/o 1:25
Fly	200m	Open	3:10
Medley	200m	12/u 3:20	13/o 3:00
Medley	400m	Open	6:00
Free	50m	12/u 50	13/o 40
Free	100m	12/u 1:30	13/o 1:15
Free	200m	Open	3:00
Free	400m	Open	5:20
All MC Events	50m	Open	No QT

Entry Procedures

Obtain a Program and check your name against events.

Assisted Self Marshalling Procedures

- Swimmers are responsible for being ready to take their position on the starting platform or in the water when whistled up by the Referee.
- Swimmers will have assisted self-marshalling at this meet. Check Starters will be available to assist, support and direct swimmers on the pool deck when requested by the swimmer. The Help-Desk Clerk in the marshalling area will indicate when the next heat is required to move to the chairs behind the blocks.
- Swimmers are expected to know what event, heat and lane they will be swimming in from the published program.
- There will also be copies of the race sheets posted in the Marshalling area.
- Swimmers will report to the chairs behind the blocks, for their event preferably via the marshalling area, as per the following process.
- The fastest heats will report first.
- In order to avoid congestion, please note that swimmers need only be available to enter the marshalling area or chairs behind the blocks of four (4) heats prior to their heat for 50m, 100m and 200m events except the slowest heat.
- All other heats in the 400m two (2) heats prior to their heat.
- The first heat of each session should report 5 minutes before the scheduled commencement of the session.
- There will be chairs behind the timekeepers at the start end.
- After the start of the previous heat, swimmers may progress to the next deck chair position without causing any interference to technical officials.
- Swimmers are expected to be at the chair ready for the whistles to start their heat. Swimmers will not be prevented from swimming if they only make it to their seat one heat prior to their event. If they miss their heat, they need to alert a technical official and they will be placed in a spare lane if it becomes available.
- There will still be a Marshalling area setup with two (2) rows of chairs (In case there is a need to revert to full Marshalling). Swimmers will have the option to either report directly to the row of chairs behind each lane or proceed through the Marshalling area to the pool deck. We will have a Help Desk-Clerk (Technical officials) in the Marshalling area to assist swimmers if needed. These Officials will be available for Athletes, Team Managers and Coaches to find information on events, withdraw swimmers and make enquiries.
- Swimmers will leave clothing so that it is able to be collected without re-entering the competition area after their event. (On or over main and warm up pool dividing fence).
- Swimmers exiting the pool after events will move to the swim down pool via designated exits and the rear corridors. One exit is located near the Coaches Room, another on the start side near the walkway exit and two exits in the warm-up pool fencing behind the start area.
- In the event of there being sufficient withdrawals from the heats of an event for the number of heats to be reduced, the Referee may at his/her discretion either amalgamate the heats—by filling vacant lanes with those swimmers whose heat has been cancelled—or reseed the whole event.

Note: Coaches and parents are NOT permitted to be in the marshalling area.

Withdrawals

Competitors who fail to report to the Helpdesk/Checkstarter by the specified time shall be deemed to be a withdrawal.

Starting Instructions

1. Events at this meet will be conducted in accordance with the rules of Swimming NSW.
2. When competitors have been placed behind their blocks, the Starter or Announcer will announce, for example, 50 metres Butterfly, Heat 1.
3. The Referee will give a long whistle to signal competitors to take their positions on the starting platform, or for Backstroke and Medley Relays, to immediately enter the water. A second long whistle shall bring the swimmers immediately to the starting position.
4. On the starter's command "take your marks", competitors will immediately take up their starting positions with at least one foot at the front of the starting platform or, in the case of a Backstroke event, their starting position in the water, and **REMAIN STATIONARY**.
5. When all competitors are stationary, the Starter will give the starting signal by pistol shot, hooter, whistle or command.
6. Any swimmer starting before the starting signal has been given shall be disqualified. If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer or swimmers shall be disqualified upon completion of the race. If the disqualification is declared before the starting signal, the starting signal shall not be given but the remaining swimmers shall be called back and start again.
7. Competitors must finish in the lane in which they start and will remain in the water in their lanes at the finish of the event. On the signal from the Referee, **competitors are to leave the water by the side of the pool as quickly as possible**.
8. If, because of the length of the program, "starting over the top" is used, competitors from the preceding heat are to move to the side of the lane against the finishing wall and remain still or, when the next heat is Backstroke or Medley Relay, move down the lane rope and remain still. When the next heat has started they should leave the pool by the sides as quickly as possible.
9. Backstroke Ledges **will not** be used at this meet.

Swimming Metro North West Swim Team

Norwest LC Qualifying Meet - 11/01/2025**To be used as a guide only**

Session: 1

Starts at 09:00 AM

Round	Event	Entries	Heats	Starts at	
Finals	1 Men 400 Freestyle	15	2	09:00 AM	_____
Finals	2 Women 400 Freestyle	14	2	09:12 AM	_____
Finals	3 Men 12 & Under 100 Backstroke	29	3	09:24 AM	_____
Finals	4 Women 12 & Under 100 Backstroke	27	3	09:31 AM	_____
Finals	5 Men 13 & Over 100 Backstroke	17	2	09:38 AM	_____
Finals	6 Women 13 & Over 100 Backstroke	28	3	09:43 AM	_____
Finals	7 Men 12 & Under 50 Butterfly	60	6	09:49 AM	_____
Finals	8 Women 12 & Under 50 Butterfly	60	6	09:57 AM	_____
Finals	9 Men 13 & Over 50 Butterfly	57	6	10:05 AM	_____
Finals	10 Women 13 & Over 50 Butterfly	65	7	10:12 AM	_____
Finals	11 Mixed 50 Butterfly Multi-Class	6	1	10:20 AM	_____
Finals	12 Women 50 Butterfly Multi-Class In event 11	1	1	10:22 AM	_____
Finals	13 Men 200 Breaststroke	12	2	10:23 AM	_____
Finals	14 Women 200 Breaststroke	18	2	10:31 AM	_____
Finals	15 Men 12 & Under 50 Freestyle	99	10	10:39 AM	_____
Finals	16 Women 12 & Under 50 Freestyle	93	10	10:51 AM	_____
Finals	17 Men 13 & Over 50 Freestyle	68	7	11:04 AM	_____
Finals	18 Women 13 & Over 50 Freestyle	77	8	11:12 AM	_____
Finals	19 Men 50 Freestyle Multi-Class	5	1	11:20 AM	_____
Finals	20 Women 50 Freestyle Multi-Class	3	1	11:22 AM	_____
Finals	21 Men 200 Backstroke	15	2	11:23 AM	_____
Finals	22 Women 200 Backstroke	13	2	11:31 AM	_____
Finals	23 Men 12 & Under 100 Breaststroke	25	3	11:39 AM	_____
Finals	24 Women 12 & Under 100 Breaststroke	27	3	11:46 AM	_____
Finals	25 Men 13 & Over 100 Breaststroke	20	2	11:53 AM	_____
Finals	26 Women 13 & Over 100 Breaststroke	20	2	11:57 AM	_____
Finals	27 Men 12 & Under 200 IM	18	2	12:01 PM	_____
Finals	28 Women 12 & Under 200 IM	25	3	12:09 PM	_____
Finals	29 Men 13 & Over 200 IM	25	3	12:20 PM	_____
Finals	30 Women 13 & Over 200 IM	16	2	12:30 PM	_____
	Swimmers Counts for Warm-ups: 448	=====	=====		
	Entry / Heat Totals:	958	107		
	Finish Time			12:37 PM	_____

Swimming Metro North West Swim Team

Norwest LC Qualifying Meet - 11/01/2025**To be used as a guide only**

Session: 2

Starts at 01:10 PM

Round	Event	Entries	Heats	Starts at	
Finals	31 Men 400 IM	6	1	01:10 PM	_____
Finals	32 Women 400 IM	2	1	01:17 PM	_____
Finals	33 Men 12 & Under 100 Freestyle	59	6	01:23 PM	_____
Finals	34 Women 12 & Under 100 Freestyle	63	7	01:35 PM	_____
Finals	35 Men 13 & Over 100 Freestyle	51	6	01:49 PM	_____
Finals	36 Women 13 & Over 100 Freestyle	58	6	01:59 PM	_____
Finals	37 Men 12 & Under 50 Breaststroke	73	8	02:09 PM	_____
Finals	38 Women 12 & Under 50 Breaststroke	83	9	02:21 PM	_____
Finals	39 Men 13 & Over 50 Breaststroke	40	4	02:35 PM	_____
Finals	40 Women 13 & Over 50 Breaststroke	49	5	02:40 PM	_____
Finals	41 Mixed 50 Breaststroke Multi-Class	6	1	02:46 PM	_____
Finals	42 Women 50 Breaststroke Multi-Class In event 41	1	1	02:48 PM	_____
Finals	43 Men 200 Butterfly	15	2	02:50 PM	_____
Finals	44 Women 200 Butterfly	6	1	02:57 PM	_____
Finals	45 Men 12 & Under 50 Backstroke	90	9	03:00 PM	_____
Finals	46 Women 12 & Under 50 Backstroke	90	9	03:15 PM	_____
Finals	47 Men 13 & Over 50 Backstroke	47	5	03:29 PM	_____
Finals	48 Women 13 & Over 50 Backstroke	48	5	03:37 PM	_____
Finals	49 Mixed 50 Backstroke Multi-Class	5	1	03:44 PM	_____
Finals	50 Women 50 Backstroke Multi-Class In event 49	1	1	03:46 PM	_____
Finals	51 Men 200 Freestyle	37	4	03:48 PM	_____
Finals	52 Women 200 Freestyle	42	5	04:01 PM	_____
Finals	53 Men 12 & Under 100 Butterfly	20	2	04:17 PM	_____
Finals	54 Women 12 & Under 100 Butterfly	15	2	04:22 PM	_____
Finals	55 Men 13 & Over 100 Butterfly	22	3	04:26 PM	_____
Finals	56 Women 13 & Over 100 Butterfly	16	2	04:32 PM	_____
	Swimmers Counts for Warm-ups: 443	=====	=====		
	Entry / Heat Totals:	945	106		
	Finish Time			04:35 PM	_____

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Event 1 Men 400 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
0	Bendinelli, Teo	14	Hunter	4:59.03
1	Sikorski, Liam	13	Norwest	4:52.76
2	Honor, Bradley	12	Sopac	4:41.84
3	Geng, Jaiden	15	Castle Hill	4:40.06
4	Mateo, Ethan	16	Castle Hill	4:30.82
5	Ratajczak, Zwi	13	Slc Aquadot	4:38.97
6	McGee, Carter	13	Cranbrook	4:41.19
7	Kim, Edward	13	Norwest	4:45.83
8	Brown, Luke	13	Windsor	4:57.05
9	Mundey, Campbell	14	Loreto	5:10.49

Heat 2 of 2 Timed Finals

2	Cui, Ethan	12	Loreto	5:19.37
3	Rayitsyn, Elliot	10	Sopac	5:17.25
4	Pagent, Joshua	14	Sydney University	5:12.71
5	Morphett, Noah	12	Nepean	5:17.22
6	Hatlee, Christian	11	City of Sydney	5:19.00

Event 2 Women 400 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
0	Zhou, Zikai	12	Jones	5:09.33
1	Park, Emma	16	Castle Hill	5:07.81
2	Burke, Olivia	13	Mlc	4:59.15
3	Hall, Alexandra	13	Woy Woy	4:50.48
4	Smith, Mia	16	Charlestown	4:40.33
5	Wardrop, Piper-Jade	13	Wyee Point	4:45.49
6	Hampton, Mia	15	Norwest	4:55.77
7	Bigatton, Ilva	13	Southern Sydney	5:02.42
8	Wong, Zoe	14	Mlc	5:08.88
9	Warszawska, Ronia	13	Slc Aquadot	5:09.68

Heat 2 of 2 Timed Finals

3	Hall, Rebecca	16	Woy Woy	5:16.28
4	Park, Dana	12	Mlc	5:12.19
5	Hodges, Chelsea	13	Castle Hill	5:15.90
6	Roberts, Lily	13	Norwest	5:18.74

Event 3 Men 12 & Under 100 LC Metre Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals				
0	Luhettoa, Kcasiano	12	Nepean	1:24.11
1	Davis, Lachlan	10	Kincumber	1:22.30
2	Slater, Mitchell	12	Barker	1:19.45
3	McGee, Oliver	11	Cranbrook	1:17.20
4	Penny, Thomas	12	Sydney University	1:03.79
5	Yoon, Matthew	12	Sopac	1:16.96
6	Gan, Caleb	12	Mlc	1:17.62
7	Dimallbot, Nathan	11	Auburn	1:19.57
8	Liang, Max	12	Nuswim	1:23.84
9	Nejad, Radean	9	Norwest	1:26.80

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 2 Timed Finals... (Event 3 Men 12 & Under 100 LC Metre Backstroke)

0	Kakkad, Dhruv	11	Norwest	1:34.28
1	Lo, Jesse	10	Sydney University	1:31.32
2	Meshtrovich, Tony	10	Revesby Workers	1:29.72
3	Yuan, Jeffrey	9	Knox Pymble	1:29.64
4	Hadri, Abraham	12	Campbelltown	1:28.41
5	G Menon, Madhav	10	Sopac	1:29.51
6	Bigatton, Aidan	10	Southern Sydney	1:29.70
7	Lichner, Ewan	9	Menai	1:31.31
8	Zhang, Mark	10	Plc Sydney	1:31.58
9	Wang, Matthew	11	Norwest	1:35.32

Heat 3 of 3 Timed Finals

0	Sebire, Emerson	12	Norwest	1:41.63
1	Liu, Boao	9	Norwest	1:39.56
2	Shippen, Joshua	9	Manly	1:38.63
3	Rezk, Seraphim	11	Gosford	1:37.75
4	Beech, Mason	10	Swimwest	1:36.48
5	Phairintrapha, Siwat	12	Norwest	1:36.95
6	Tong, Ethan	12	Knox Pymble	1:38.41
7	Oi, Thomas	12	Kincumber	1:39.16
8	Graham, Ethan	10	Norwest	1:41.57

Event 4 Women 12 & Under 100 LC Metre Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Timed Finals

0	Bush, Emily	11	Mlc	1:24.50
1	Holding, Autumn	11	Mittagong	1:23.70
2	Crosbie, Liliane	11	Revesby Workers	1:20.38
3	Huang, Leona	10	Abbotsleigh	1:17.90
4	Andrews, Lily	12	Narrabeen	1:12.90
5	Joh, Chloe	12	Sopac	1:16.96
6	Ng, Claire	12	Loreto	1:19.56
7	Perry, Zahli	12	Norwest	1:23.70
8	Li, Jenny	11	Auburn	1:23.97
9	Liu, Emi	9	Auburn	1:25.69

Heat 2 of 3 Timed Finals

0	Kim, April	8	SW	1:33.18
1	Chapman, Sophie	12	Kincumber	1:32.08
2	McDonald, Mieke	10	Norwest	1:30.00
3	Harrington, Rose	12	Norwest	1:28.44
4	Feng, Emma	11	Castle Hill	1:25.97
5	Lubinski, Edith	10	Wye Point	1:27.69
6	McGee, Jemima	9	Cranbrook	1:28.84
7	Du, Isabella	11	Auburn	1:30.42
8	Bedford, Isabella	11	Campbelltown	1:32.29
9	Wang, Rose	9	Knox Pymble	1:36.31

Heat 3 of 3 Timed Finals

1	Schultz, Kira	12	Castle Hill	1:43.07
2	Pinna, Chiara	9	Menai	1:41.11
3	Lowe, Lisbeth	11	Gosford	1:40.35
4	Bai, Emma	10	Auburn	1:38.04
5	SU, Amy	12	Barker	1:39.71
6	De Leeuw, Abigail	11	Bluefins	1:40.40
7	Dimalobot, Arya Sophia	9	Auburn	1:41.25

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Event 5 Men 13 & Over 100 LC Metre Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Timed Finals

0	Lee, Matthew	13	Newington	1:10.37
1	Abbott, George	17	Norwest	1:05.62
2	Lawrence, Cameron	15	Ravenswood	1:04.93
3	Boll, Ryan	18	Norwest	1:02.56
4	Wilson, Angus	16	Norwest	1:00.24
5	Vukasovic, Jack Filip	20	Galston	1:01.71
6	Mathie, Blake	19	Norwest	1:04.52
7	Scanlan, Blake	16	The Hills	1:05.56
8	Howard, Tristan	15	Norwest	1:09.66
9	Keshishian, Zareh	14	Macquarie University	1:11.98

Heat 2 of 2 Timed Finals

1	Haifa, Michael Jr	13	Norwest	1:24.96
2	O'Brien, Andrew	14	Norwest	1:23.40
3	Bendinelli, Teo	14	Hunter	1:15.39
4	Dunk, Jack	13	Lane Cove	1:13.56
5	Hoye, Miller	14	Narrabeen	1:14.97
6	Yacoub, Christopher	13	Menai	1:17.59
7	Hincks, Lucas	14	Loreto	1:24.82

Event 6 Women 13 & Over 100 LC Metre Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Timed Finals

0	Fayle, Amelie	14	Lane Cove	1:12.76
1	Wells, Felicity	14	Lower Blue Mountains	1:12.29
2	Chantler, Madison	15	Mlc	1:11.66
3	Fitzgerald, Emily	16	Engadine	1:11.43
4	Lilienthal, Jaya	17	Knox Pymble	1:08.74
5	Noonan, Alexandra	16	Charlestown	1:09.47
6	Wilson, Madeleine	14	Norwest	1:11.53
7	Dickson, Ella	15	The Hills	1:11.77
8	Callon, Lily	14	Trinity	1:12.75
9	Ward, Emma	14	Lane Cove	1:12.99

Heat 2 of 3 Timed Finals

0	Arthur, Mary	14	Swimwest	1:17.65
1	Apthorpe, Iesha S19	20	Port Macquarie	1:16.89
2	Coyne, Caitlin	14	Trinity	1:15.41
3	Yu, Carolyn	13	Revesby Workers	1:14.91
4	Hume, Zara	13	Windsor	1:14.14
5	Kim, Ivy	14	Barker	1:14.51
6	Yi, Kaitlyn	14	Sopac	1:15.40
7	Flannery, Nelly	14	Taree	1:15.65
8	Clifford, Abigail	13	Ripples St Marys	1:17.07
9	Farhy, Aviv	15	Kincoppal-Rose Bay	1:17.72

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 3 Timed Finals... (Event 6 Women 13 & Over 100 LC Metre Backstroke)

1	Sebire, Elodie S14	14	Norwest	1:24.23
2	Hodges, Chelsea	13	Castle Hill	1:22.79
3	Larymore, Chloe	16	Loreto	1:19.01
4	Maguire, Ciara	13	Warringah	1:17.79
5	Cheung, Natalie	14	The Hills	1:18.03
6	Hampton, Zoe	13	Norwest	1:21.41
7	Armstrong, Jade	13	Terrey Hills	1:23.16
8	Yao, Evonnie	13	Hornsby	1:24.47

Event 7 Men 12 & Under 50 LC Metre Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Timed Finals

0	Flippence, Chase	10	Camden	36.69
1	Davis, Lachlan	10	Kincumber	35.88
2	Hadri, Abraham	12	Campbelltown	33.45
3	Yoon, Matthew	12	Sopac	32.65
4	Honor, Bradley	12	Sopac	28.37
5	Penny, Thomas	12	Sydney University	29.21
6	Shams, Arnik	11	Carlisle	33.03
7	Qu, Aaron	11	Castle Hill	34.70
8	Apthorpe, Flynn	12	Port Macquarie	36.63
9	Luhettoa, Kcasiano	12	Nepean	36.93

Heat 2 of 6 Timed Finals

0	Yang, Ashton	9	Knox Pymble	39.20
1	Wen, Luke	10	Castle Hill	38.64
2	Flannery, Lenny	12	Taree	37.95
3	Wang, Sean	12	Auburn	37.29
4	Yoo, Junsang	11	Castle Hill	36.97
5	Rayitsyn, Elliot	10	Sopac	37.18
6	Pun, Mason	11	Cranbrook	37.31
7	Nejad, Radean	9	Norwest	38.05
8	Bigatton, Aidan	10	Southern Sydney	39.11
9	Slater, Mitchell	12	Barker	40.10

Heat 3 of 6 Timed Finals

0	Zhuo, Youting	10	Swim Infiniti	41.57
1	Yuan, Jeffrey	9	Knox Pymble	40.95
2	Kakkad, Dhruv	11	Norwest	40.80
3	Guo, Eric	9	Norwest	40.41
4	Zhu, Lewis	11	Sopac	40.27
5	Goroglu, Atlas	10	Warringah	40.40
6	Zheng, Joshua	11	Loreto	40.47
7	G Menon, Madhav	10	Sopac	40.88
8	Rezk, Seraphim	11	Gosford	41.52
9	McVean, Cameron	10	Castle Hill	41.89

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 4 Timed Finals... (Event 7 Men 12 & Under 50 LC Metre Butterfly)

0	Bao, Andrew	10	Norwest	45.67
1	Phairintrapha, Siwat	12	Norwest	44.26
2	Arthur, Kirk	11	Swimwest	44.14
3	Melohn, Beau	12	Kincumber	42.76
4	Wang, Ryan	8	Auburn	42.17
5	Wang, Justin	10	Norwest	42.30
6	Wu, Dylan	9	Castle Hill	43.34
7	Zhang, Ethan	8	Castle Hill	44.19
8	Kishore, Kingston	8	Trinity	45.45
9	Beech, Mason	10	Swimwest	45.69

Heat 5 of 6 Timed Finals

0	Wang, Jasper	9	Auburn	48.89
1	Hu, Ethan	10	Knox Pymble	48.02
2	Shi, Aiden Jy	8	Norwest	46.61
3	Shippen, Joshua	9	Manly	46.41
4	Liu, Boao	9	Norwest	46.13
5	Blyth, Thomas	11	Galston	46.40
6	Hadri, Isaac	11	Campbelltown	46.48
7	Tong, Ethan	12	Knox Pymble	46.84
8	Ding, Dennis	9	Auburn	48.70
9	Sebire, Emerson	12	Norwest	49.56

Heat 6 of 6 Timed Finals

0	Black, George	11	Lane Cove	53.58
1	Hudson-Gofers, Caesar	9	Barker	53.15
2	Prideaux, Ethan	10	Bluefins	52.14
3	Davis, William	8	Kincumber	51.09
4	Zhang, Jason	8	Knox Pymble	49.69
5	Liu, Kenneth	10	Mlc	50.41
6	Smith, Jamie	11	Mittagong	52.00
7	Zaboli, Ryan	9	Hornsby	52.59
8	Perry, Jett	8	Norwest	53.36
9	Dunk, Thomas	10	Lane Cove	53.70

Event 8 Women 12 & Under 50 LC Metre Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Timed Finals

0	Crosbie, Liliane	11	Revesby Workers	35.35
1	Watson, Chloe	12	Manly	34.71
2	Donnelly, Ava	11	Revesby Workers	33.48
3	Loh, Kathleen	12	Norwest	32.85
4	Klepzig, Bethany	12	Wye Point	31.69
5	Lin, Aurora	12	Castle Hill	32.00
6	Bochenek, Jasmine	12	Revesby Workers	33.25
7	Davis, Charlotte	12	Kincumber	34.30
8	Zhou, Liliana	10	Auburn	34.84
9	Low, Skylar	12	Norwest	35.59

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 2 Timed Finals... (Event 8 Women 12 & Under 50 LC Metre Butterfly)

0	Groundes-Peace, Ella	11	Leichhardt	38.46
1	Lun, Yuxi	10	Knox Pymble	36.31
2	Quantick Barnes, Eadie	12	Lane Cove	35.99
3	Dunlop, Lily	12	Windsor	35.96
4	Fardell, Ava	12	Kincumber	35.69
5	Harrington, Rose	12	Norwest	35.95
6	McGee, Jemima	9	Cranbrook	35.97
7	Liu, Mengqi	11	Sopac	36.21
8	Bush, Emily	11	Mlc	36.74
9	Lin, Selene	10	Castle Hill	38.53

Heat 3 of 6 Timed Finals

0	Suyapto, Eden	12	Terrey Hills	41.28
1	Dudson, Anya	12	Castle Hill	40.42
2	Lowe, Lisbeth	11	Gosford	39.68
3	Conroy, Lily	10	Mosman	39.33
4	Cox, Serena	11	Manly	38.58
5	Dimalobot, Arya Sophia	9	Auburn	38.98
6	Yu, Joyce	12	Lane Cove	39.35
7	Perry, Zahli	12	Norwest	39.99
8	Wang, Olivia	12	Mlc	40.88
9	SU, Amy	12	Barker	41.83

Heat 4 of 6 Timed Finals

0	Wang, Rose	9	Knox Pymble	45.87
1	Kim, April	8	SW	44.99
2	Kelly, Isabella	11	Wenona	43.89
3	Gao, Zoe	11	Barker	43.31
4	Vella, Eleanor	11	Carlile	42.44
5	Baker, Harriet	10	Lane Cove	42.54
6	Beveridge, Sienna	9	Ku-ring-gai	43.47
7	Lichner, Eva	9	Menai	44.28
8	Chapman, Sophie	12	Kincumber	45.02
9	Zhang, Hailey	10	Knox Pymble	45.98

Heat 5 of 6 Timed Finals

0	Lettice, Sarah	11	Castle Hill	48.27
1	De Leeuw, Abigail	11	Bluefins	46.81
2	Zhou, Hailey	7	Plc Sydney	46.68
3	Hwang, Nicole	10	Plc Sydney	46.43
4	Bai, Emma	10	Auburn	46.13
5	Yuan, Olivia Ling Yi	8	Mlc	46.32
6	Kelly, Madeleine	11	Wenona	46.55
7	Tsang, Charlene	10	Macquarie University	46.79
8	Yung, Tamia	10	Loreto	47.64
9	Penny, Morgan	10	Sydney University	48.81

Norwest LC Qualifying Meet - 11/01/2025**Meet Program****Heat 6 Timed Finals... (Event 8 Women 12 & Under 50 LC Metre Butterfly)**

0	Harrington, Sienna	10	Norwest	53.79
1	Ding, Ivy	7	Auburn	53.30
2	McVean, Emily	9	Castle Hill	51.39
3	Huang, Erin	10	Coulter	49.92
4	Perry, Harper	10	Norwest	49.62
5	Wu, Nicole	10	Knox Pymble	49.63
6	Temuqile, Hongor	7	Auburn	50.03
7	Li, Selena	8	Auburn	51.61
8	Lathlean, Bailey	9	Riverstone	53.53
9	Chen, Marina	9	Mlc	54.54

Event 9 Men 13 & Over 50 LC Metre Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Timed Finals

0	Park, Joshua	15	Sopac	28.16
1	Mcnamara, Ryan	14	Sydney University	27.59
2	Ford, Alexander	16	Stroud	26.95
3	Keat, Hamish	18	Picton	26.23
4	Lawrence, Daniel	17	Ravenswood	25.88
5	Suvajac, Nicholas	18	Norwest	26.17
6	London, Daniel	16	The Hills	26.79
7	Nam, Junseong	16	Plc Sydney	27.10
8	Pilbeam, James	13	Norwest	27.86
9	Vukasovic, Jack Filip	20	Galston	28.43

Heat 2 of 6 Timed Finals

0	Yacoub, Christopher	13	Menai	29.89
1	Lowe, Ethan	16	Macquarie University	29.72
2	Lawrence, Cameron	15	Ravenswood	29.31
3	Lam, Lewis	16	Castle Hill	29.23
4	Wong, Jayden	17	Mlc	28.63
5	Yip, Alvin	14	Seahorses	29.22
6	Burda, Leo	14	Macquarie University	29.27
7	Ly, Phoenix	13	Galston	29.45
8	Wong, Jacob	15	Mlc	29.84
9	Tieste, Samuel	13	Norwest	30.23

Heat 3 of 6 Timed Finals

0	Vukasovic, Max	17	Galston	31.33
1	Kim, Edward	13	Norwest	31.09
2	Crawhall, Lachlan	15	Picton	30.96
3	Brown, Ryan	16	Forster	30.57
4	Lelaen, Harry	14	Wye Point	30.24
5	Geng, Jaiden	15	Castle Hill	30.50
6	Pandit, Arin	13	Revesby Workers	30.94
7	McDonald, Finn	15	Norwest	31.05
8	Pang, Gavin	13	Norwest	31.11
9	Boyden, Marcus	15	Lane Cove	32.12

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 4 Timed Finals... (Event 9 Men 13 & Over 50 LC Metre Butterfly)

0	Butcher, Benjamin	14	Loreto	34.23
1	Bradshaw, Riley	13	Terrey Hills	33.47
2	Brown, Riley	15	Forster	32.91
3	Lam, Andrew	13	Castle Hill	32.68
4	Bendinelli, Teo	14	Hunter	32.33
5	Lee, Matthew	13	Newington	32.39
6	Connell, Patrick	13	Loreto	32.71
7	Park, Alexander	13	Hornsby	33.46
8	Way, Mathias	13	Gosford	33.68
9	Wang, Thomas	13	Hornsby	34.78

Heat 5 of 6 Timed Finals

0	Lee, Ian	13	SW	38.41
1	Lin, Lachlan	13	Castle Hill	37.27
2	Zhu, Donald	14	Mlc	36.66
3	Howard, Archie	13	Norwest	36.51
4	Lowe, Ilia	16	Gosford	35.08
5	O'Brien, Andrew	14	Norwest	35.15
6	Park, Ryan	13	Mlc	36.51
7	Helal, Yousef	14	Norwest	37.00
8	Oxenford, Noah	13	Knox Pymble	37.79
9	Massali-Singh, Armaan	13	Norwest	38.50

Heat 6 of 6 Timed Finals

1	Park, Ian	13	Mlc	42.83
2	Hincks, Lucas	14	Loreto	41.29
3	Raymond, Evan	13	Castle Hill	39.62
4	Norman, Eli	14	Picton	39.35
5	Costa, Mikos	15	Macquarie Shores	39.46
6	Haifa, Michael Jr	13	Norwest	41.08
7	Li, Jimmy	13	Auburn	42.17

Event 10 Women 13 & Over 50 LC Metre Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Timed Finals				
0	Gaudry, Chloe	15	Wenona	30.90
1	Hoye, Ella S19	16	Narrabeen	30.18
2	Trewern, Abbey	17	360 Scully Park	30.13
3	Hepburn, Ava	14	Kincumber	29.85
4	Ruzek, Felicity	16	Kincumber	29.10
5	Noonan, Alexandra	16	Charlestown	29.49
6	Oliffe, Maddison	15	Lower Blue Mountains	29.98
7	Leros, Marissa	15	Slc Aquadot	30.16
8	Kim, Ivy	14	Barker	30.69
9	Ji, Iris	14	Mlc	31.05

Norwest LC Qualifying Meet - 11/01/2025**Meet Program****Heat 2 Timed Finals... (Event 10 Women 13 & Over 50 LC Metre Butterfly)**

0	Fitzgerald, Courtney	18	Engadine	32.00
1	Gartner, Makenzi	13	Sopac	31.81
2	Sadler-Pather, Milana	15	Ginninderra	31.55
3	Seary, Camille	14	Norwest	31.54
4	Schultz, Hayley	15	Castle Hill	31.17
5	Lewis, Hanna	15	Blacktown	31.25
6	Flannery, Maddy	16	Taree	31.55
7	Regner, Peyton	15	AquaBlitz Toongabbie	31.80
8	Boll, Valerie	16	Norwest	31.97
9	He, Isabel	16	Castle Hill	32.02

Heat 3 of 7 Timed Finals

0	Floro, Isabel	13	Mlc	32.98
1	Moore, Ashleigh	20	Galston	32.77
2	Lowe, Madison	13	Macquarie University	32.48
3	Lavender, Sophie	14	Windsor	32.07
4	Bigatton, Ilva	13	Southern Sydney	32.03
5	Donald, Jocelyn	17	Sopac	32.04
6	Dickson, Ella	15	The Hills	32.31
7	Hampton, Mia	15	Norwest	32.68
8	Ng, Aliza	14	Castle Hill	32.84
9	Song, Sarah	15	The Hills	33.32

Heat 4 of 7 Timed Finals

0	Cave, Zara	17	Loreto	34.58
1	Yu, Olivia	15	Lane Cove	34.02
2	Gan, Charlotte	15	Mlc	33.95
3	Maguire, Ciara	13	Warringah	33.70
4	Hughes, Annabelle	15	Nuswim	33.58
5	Daniell, Kayla	14	Macquarie University	33.59
6	Turner-Burns, Bronti	13	Engadine	33.74
7	Karabaeva, Evangelina	15	Gosford	34.01
8	Jones, Ruby	16	Hornsby	34.44
9	Wong, Isabel	15	Mlc	34.78

Heat 5 of 7 Timed Finals

0	Haifa, Taylor Jane	15	Norwest	36.09
1	Sumner, Alannah	13	Lane Cove	35.65
2	Clifford, Abigail	13	Ripples St Marys	35.59
3	Livy, Kalani	14	Loreto	35.24
4	Arthur, Mary	14	Swimwest	35.06
5	Barnsley, Olivia	14	Loreto	35.20
6	Singh, Pareena	15	Castle Hill	35.40
7	Adams, Catherine	14	Galston	35.64
8	Roberts, Lily	13	Norwest	35.73
9	Armstrong, Jade	13	Terrey Hills	36.29

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 6 Timed Finals... (Event 10 Women 13 & Over 50 LC Metre Butterfly)

0	Bottino, Giaan	14	Castle Hill	38.37
1	Negri, Keira	13	Norwest	37.93
2	Tully, Grace	13	Cruiz	37.51
3	Gouws, Olivia	13	Loreto	37.34
4	Park, Ally	13	Castle Hill	36.69
5	Hampton, Zoe	13	Norwest	37.04
6	Hwang, Seoyun	13	Plc Sydney	37.44
7	Crosbie, Alicia	14	Revesby Workers	37.91
8	Yao, Evonnie	13	Hornsby	38.34
9	Yang, Kiera	13	Mlc	39.56

Heat 7 of 7 Timed Finals

2	Crowe, Amanda	24	Lane Cove	49.56
3	Murphy, Tully	13	Norwest	42.84
4	Laws, Eva	14	Galston	41.22
5	Ward, Lily	13	Windsor	42.27
6	Lettice, Caitlin	13	Castle Hill	44.55

Event 11 Mixed 50 LC Metre Butterfly Multi-Class

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Timed Finals

2	Hyde-Grofski, Jaydon S9	M13	Norwest	NT
3	Dimech-O'Connell, Daniel S19	M17	Atlantis	46.61
4	Williams, Michael S14	M13	Norwest	39.73
5	Wilcox, Alex S16	M48	Lane Cove	41.61
6	Huang, Lincoln S9	M8	Coulter	1:17.86
7	Apthorpe, Iesha S19	W20	Port Macquarie	NT

Event 12 Women 50 LC Metre Butterfly Multi-Class In event 11

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Timed Finals

4	Apthorpe, Iesha S19	20	Port Macquarie	29.08
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Event 13 Men 200 LC Metre Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Timed Finals

0	Dimallbot, Nathan	11	Auburn	3:02.44
1	Shams, Arnik	11	Carlile	2:59.55
2	Pandit, Arin	13	Revesby Workers	2:57.94
3	Bao, Michael	15	Norwest	2:48.19
4	Black, Harry	15	Lane Cove	2:44.66
5	Walters, Max	14	Narrabeen	2:46.95
6	Mudannayake, Riyon	15	Sopac	2:48.47
7	McGee, Oliver	11	Cranbrook	2:57.96
8	Keshishian, Zareh	14	Macquarie University	3:01.78

Heat 2 of 2 Timed Finals

3	Havron, Oliver	13	Norwest	3:34.89
4	Honor, Bradley	12	Sopac	3:11.57
5	McVean, Cameron	10	Castle Hill	3:15.78

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Event 14 Women 200 LC Metre Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
0	Turner, Pearl	16	Hornsby	3:05.63
1	Hampshire, Alexandra	14	Mittagong	2:57.37
2	Song, Sarah	15	The Hills	2:55.00
3	Simsek, Alice	15	Sans Souci	2:53.17
4	Ji, Iris	14	Mlc	2:49.91
5	yeo, tam	15	Castle Hill	2:52.39
6	Sumner, Lily	15	Lane Cove	2:54.58
7	Baker, Evelyn	13	Lane Cove	2:56.56
8	Sumner, Alannah	13	Lane Cove	3:02.46
9	Kikuchi, Mirei	14	Plc Sydney	3:05.79
Heat 2 of 2 Timed Finals				
1	Fan, Cynthia	12	Swim Infiniti	3:26.58
2	Sneary, Amelia	12	Manly	3:17.06
3	Joh, Chloe	12	Sopac	3:14.66
4	Marano, Ava	13	Camden	3:06.16
5	Feng, Emma	11	Castle Hill	3:13.03
6	Low, Skylar	12	Norwest	3:16.45
7	Bochenek, Jasmine	12	Revesby Workers	3:17.17
8	Wong, Isabel	15	Mlc	3:31.26

Event 15 Men 12 & Under 50 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Timed Finals				
0	Hatlee, Christian	11	City of Sydney	31.92
1	Hadri, Abraham	12	Campbelltown	31.13
2	Cui, Ethan	12	Loreto	30.67
3	Qu, Aaron	11	Castle Hill	29.72
4	Penny, Thomas	12	Sydney University	27.15
5	Yoon, Matthew	12	Sopac	29.70
6	Gan, Caleb	12	Mlc	30.30
7	Shams, Arnik	11	Carlisle	30.89
8	Wang, Sean	12	Auburn	31.80
9	Apthorpe, Flynn	12	Port Macquarie	32.04
Heat 2 of 10 Timed Finals				
0	Flippence, Chase	10	Camden	33.40
1	Luhetoa, Kcasiano	12	Nepean	33.21
2	Davis, Lachlan	10	Kincumber	32.75
3	Yang, Ashton	9	Knox Pymble	32.58
4	Walters, Finn	12	Narrabeen	32.12
5	Wang, Matthew	11	Norwest	32.48
6	Pun, Mason	11	Cranbrook	32.72
7	Rayitsyn, Elliot	10	Sopac	32.98
8	Phairintrapha, Siwat	12	Norwest	33.38
9	Crawhall, William	11	Picton	33.51

Norwest LC Qualifying Meet - 11/01/2025**Meet Program****Heat 3 Timed Finals... (Event 15 Men 12 & Under 50 LC Metre Freestyle)**

0	Nejad, Radean	9	Norwest	34.02
1	Hudson-Gofers, Caesar	9	Barker	33.98
2	Bigatton, Aidan	10	Southern Sydney	33.94
3	Wang, Justin	10	Norwest	33.72
4	Yoo, Junsang	11	Castle Hill	33.52
5	Lo, Jesse	10	Sydney University	33.67
6	Melohn, Beau	12	Kincumber	33.73
7	Carter, Jasper	11	Hornsby	33.94
8	McVean, Cameron	10	Castle Hill	33.99
9	Zhuo, Youting	10	Swim Infiniti	34.04

Heat 4 of 10 Timed Finals

0	Kakkad, Dhruv	11	Norwest	35.52
1	Huang, Jialu	12	Mlc	35.28
2	Flannery, Lenny	12	Taree	34.74
3	Guo, Eric	9	Norwest	34.27
4	Carter, Ned	12	Hunter	34.08
5	Zhu, Lewis	11	Sopac	34.24
6	Wen, Luke	10	Castle Hill	34.33
7	Mateo, Riley	12	Castle Hill	34.96
8	Zhang, Mark	10	Plc Sydney	35.32
9	Liu, Boao	9	Norwest	35.54

Heat 5 of 10 Timed Finals

0	Oi, Thomas	12	Kincumber	36.78
1	Skelly, Levi	12	Woy Woy	36.64
2	Rezk, Seraphim	11	Gosford	36.36
3	Yuan, Jeffrey	9	Knox Pymble	35.73
4	Beech, Mason	10	Swimwest	35.66
5	Lee, Nathan	9	Newington	35.70
6	Goroglu, Atlas	10	Warringah	35.80
7	Arthur, Kirk	11	Swimwest	36.45
8	Ding, Dennis	9	Auburn	36.78
9	Wang, Ryan	8	Auburn	36.80

Heat 6 of 10 Timed Finals

0	Shippen, Joshua	9	Manly	37.74
1	Graham, Ethan	10	Norwest	37.59
2	Cahill, Eli	11	Nepean	37.38
3	Kishore, Kingston	8	Trinity	36.99
4	Shi, Aiden Jy	8	Norwest	36.80
5	Blyth, Thomas	11	Galston	36.91
6	G Menon, Madhav	10	Sopac	37.11
7	Sebire, Emerson	12	Norwest	37.55
8	Black, George	11	Lane Cove	37.67
9	Zheng, Joshua	11	Loreto	37.84

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 7 Timed Finals... (Event 15 Men 12 & Under 50 LC Metre Freestyle)

0	Prideaux, Ethan	10	Bluefins	39.06
1	Wu, Dylan	9	Castle Hill	38.74
2	Oxenford, Ashton	10	Knox Pymble	38.52
3	Carter, Max	10	Hunter	38.14
4	Hu, Ethan	10	Knox Pymble	37.99
5	Wang, Jasper	9	Auburn	38.05
6	Tong, Ethan	12	Knox Pymble	38.39
7	Davis, William	8	Kincumber	38.69
8	Oi, James	9	Kincumber	38.92
9	Cook, Edward	10	Norwest	39.36

Heat 8 of 10 Timed Finals

0	Grobler, Johannes	10	Norwest	41.32
1	Beck, Zachary	10	Lane Cove	40.68
2	Liu, Kenneth	10	Mlc	40.33
3	Zhang, Ethan	8	Castle Hill	40.08
4	Park, Raphael	8	Hornsby	39.53
5	Wentworth, Barnaby	10	Mittagong	40.04
6	Zhuang, Johnathan	10	Norwest	40.11
7	Smith, Jamie	11	Mittagong	40.59
8	Galea, Joseph	10	Sans Souci	40.90
9	Theoharous, Aiden	11	Bluefins	41.47

Heat 9 of 10 Timed Finals

0	Zhu, Lucas	9	Sopac	45.75
1	Perry, Jett	8	Norwest	44.49
2	Dunk, Thomas	10	Lane Cove	43.48
3	Ford, Anthony	10	Stroud	42.36
4	Bao, Andrew	10	Norwest	41.80
5	Zhang, Jason	8	Knox Pymble	41.81
6	Zaboli, Ryan	9	Hornsby	43.10
7	Barnes, Ethan	9	Norwest	43.94
8	Capecchi, Tommaso	9	Mittagong	45.32
9	Nejad, Aiden	9	Norwest	46.41

Heat 10 of 10 Timed Finals

0	Ezzy, Dylan	9	Coulter	49.47
1	Ng, Ian	10	Castle Hill	48.03
2	Theoharous, Kai	9	Bluefins	47.78
3	Posthumus, Tobias	7	Menai	47.30
4	Finn, Harry	8	Drummoyne	46.91
5	Sebire, Lawson	10	Norwest	47.02
6	Hodges, Austin	10	Castle Hill	47.47
7	Hill, Henry	10	Castle Hill	47.87
8	Bedford, William	8	Campbelltown	49.41

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Event 16 Women 12 & Under 50 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Timed Finals				
0	Liu, Mengqi	11	Sopac	31.96
1	Yu, Chenxuan	12	Knox Pymble	31.94
2	Donnelly, Ava	11	Revesby Workers	31.48
3	Lin, Aurora	12	Castle Hill	29.49
4	Klepzig, Bethany	12	Wyee Point	28.99
5	Park, Dana	12	Mlc	29.45
6	Loh, Kathleen	12	Norwest	31.42
7	Harrington, Rose	12	Norwest	31.92
8	Quantick Barnes, Eadie	12	Lane Cove	31.95
9	Low, Skylar	12	Norwest	32.12
Heat 2 of 10 Timed Finals				
0	Crosbie, Liliane	11	Revesby Workers	33.34
1	Vintila, Isabelle	11	Castle Hill	33.23
2	Davis, Charlotte	12	Kincumber	32.70
3	Fardell, Ava	12	Kincumber	32.45
4	Watson, Chloe	12	Manly	32.18
5	Dunlop, Lily	12	Windsor	32.23
6	Perry, Zahli	12	Norwest	32.62
7	Bush, Emily	11	Mlc	32.91
8	Clapham, Ashley	12	Mlc	33.30
9	Yu, Joyce	12	Lane Cove	33.37
Heat 3 of 10 Timed Finals				
0	Weir, Aila-Rose	11	Bluefins	34.75
1	Assaf, Lucia	11	Norwest	34.29
2	Dudson, Anya	12	Castle Hill	33.96
3	McGee, Jemima	9	Cranbrook	33.91
4	Ventra, Kimberley	9	Menai	33.69
5	Garnett, Elizabeth	11	Lane Cove	33.73
6	Zhang, Eva	12	Hornsby	33.95
7	Cox, Serena	11	Manly	33.99
8	Lun, Yuxi	10	Knox Pymble	34.49
9	Sheppard, Rose	11	Loreto	34.80
Heat 4 of 10 Timed Finals				
0	Zhang, Taixi	11	Norwest	35.73
1	Groundes-Peace, Ella	11	Leichhardt	35.58
2	Gao, Zoe	11	Barker	35.36
3	Dimalobot, Arya Sophia	9	Auburn	35.09
4	Vella, Eleanor	11	Carlisle	34.87
5	Wang, Olivia	12	Mlc	35.05
6	SU, Amy	12	Barker	35.33
7	Conroy, Lily	10	Mosman	35.47
8	Suyapto, Ebel	12	Terrey Hills	35.60
9	Kelly, Madeleine	11	Wenona	35.78

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Heat 5 Timed Finals... (Event 16 Women 12 & Under 50 LC Metre Freestyle)

0	Kelly, Isabella	11	Wenona	37.33
1	Baker, Harriet	10	Lane Cove	37.21
2	McDonald, Mieke	10	Norwest	36.92
3	Lowe, Lisbeth	11	Gosford	36.61
4	Kim, April	8	SW	36.04
5	Chen, Vanilla	10	Mlc	36.23
6	Wang, Rose	9	Knox Pymble	36.90
7	Lee, Grace	12	Mlc	37.03
8	Perry, Harper	10	Norwest	37.24
9	Beveridge, Sienna	9	Ku-ring-gai	37.45

Heat 6 of 10 Timed Finals

0	Wu, Nicole	10	Knox Pymble	39.04
1	Penny, Morgan	10	Sydney University	38.56
2	Zhang, Hailey	10	Knox Pymble	38.18
3	Bedford, Isabella	11	Campbelltown	38.00
4	De Leeuw, Abigail	11	Bluefins	37.57
5	Tsang, Charlene	10	Macquarie University	38.00
6	Harrington, Sienna	10	Norwest	38.02
7	Wilcox, Phoebe	10	Lane Cove	38.49
8	Posthumus, Eva	9	Menai	38.57
9	Zhou, Hailey	7	Plc Sydney	39.12

Heat 7 of 10 Timed Finals

0	Lettice, Sarah	11	Castle Hill	40.82
1	Li, Selena	8	Auburn	40.25
2	Bai, Emma	10	Auburn	39.87
3	McVean, Emily	9	Castle Hill	39.60
4	Yung, Tamia	10	Loreto	39.17
5	Hwang, Nicole	10	Plc Sydney	39.49
6	Hirama, Maple	10	Loreto	39.81
7	Huang, Erin	10	Coulter	40.15
8	Dou, Angela	8	Plc Sydney	40.81
9	Low, Averie	10	Norwest	41.15

Heat 8 of 10 Timed Finals

0	Lin, Amelia	9	Swim Infiniti	42.84
1	Mueller, Cleo	8	Woy Woy	42.52
2	Vlainic, Olivia	9	Norwest	42.09
3	Schultz, Kira	12	Castle Hill	41.46
4	Yuan, Olivia Ling Yi	8	Mlc	41.22
5	Lichner, Eva	9	Menai	41.30
6	Pinna, Chiara	9	Menai	42.01
7	Temuqile, Hongor	7	Auburn	42.50
8	Lathlean, Bailey	9	Riverstone	42.61
9	Chen, Marina	9	Mlc	42.90

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Heat 9 Timed Finals... (Event 16 Women 12 & Under 50 LC Metre Freestyle)

0	Zrnic, Klara	11	Swimwest	47.03
1	Raymond, Alyssa	11	Castle Hill	46.35
2	Kirkland, Bianca	9	Galston	44.98
3	Webber, Jemima	11	Bluefins	43.40
4	Morgan, Pennan	9	Norwest	43.02
5	Chen, Naomi	9	Swim Infiniti	43.28
6	Ding, Ivy	7	Auburn	43.70
7	Ortolan, Celsi	9	Norwest	45.47
8	Yacoub, Daniela	10	Menai	46.38
9	Leung, Genevieve	8	Swim Infiniti	49.13

Heat 10 of 10 Timed Finals

3	Duong, Jasmine	8	Mlc	49.54
4	Yang, Alice (Zijin)	8	Macquarie University	49.19
5	Duck, Adelaide	9	Lane Cove	49.49

Event 17 Men 13 & Over 50 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Timed Finals				
0	Lam, Lewis	16	Castle Hill	25.29
1	Au-Yeung, Nathan	16	The Hills	25.24
2	Suvajac, Nicholas	18	Norwest	25.01
3	Nam, Junseong	16	Plc Sydney	24.94
4	Walter, Matthew	17	Barker	23.43
5	Lawrence, Daniel	17	Ravenswood	23.76
6	Keat, Hamish	18	Picton	24.94
7	Walton, Alex	27	Ku-ring-gai	25.24
8	Vukasovic, Jack Filip	20	Galston	25.24
9	Reid, Harrison	15	Lane Cove	25.39
Heat 2 of 7 Timed Finals				
0	Park, Gabriel	13	Sopac	26.72
1	Tieste, Samuel	13	Norwest	26.64
2	Mathie, Blake	19	Norwest	26.57
3	Ford, Alexander	16	Stroud	26.06
4	Murdoch, Ryan	17	Windsor	25.86
5	Pilbeam, James	13	Norwest	25.96
6	Mcnamara, Ryan	14	Sydney University	26.26
7	HE, Oscar	14	Castle Hill	26.60
8	Glasson, Joel	14	Southern Sydney	26.71
9	Yip, Alvin	14	Seahorses	26.75
Heat 3 of 7 Timed Finals				
0	McDonald, Finn	15	Norwest	27.87
1	Costa, Mikos	15	Macquarie Shores	27.59
2	Burda, Leo	14	Macquarie University	27.38
3	Pang, Gavin	13	Norwest	27.02
4	Lawrence, Cameron	15	Ravenswood	26.78
5	Crawhall, Lachlan	15	Picton	26.81
6	Ratajczak, Zwi	13	Slc Aquadot	27.07
7	Lowe, Ethan	16	Macquarie University	27.51
8	Yacoub, Christopher	13	Menai	27.81
9	Lelaen, Harry	14	Wyee Point	28.04

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Heat 4 Timed Finals... (Event 17 Men 13 & Over 50 LC Metre Freestyle)

0	Boyden, Marcus	15	Lane Cove	29.12
1	Lam, Andrew	13	Castle Hill	29.08
2	Bradshaw, Riley	13	Terrey Hills	28.60
3	Ly, Phoenix	13	Galston	28.27
4	Dunk, Jack	13	Lane Cove	28.12
5	Kim, Edward	13	Norwest	28.22
6	Ly, Maddox	15	Galston	28.55
7	Vukasovic, Max	17	Galston	28.97
8	Xia, Bowen	13	Mlc	29.08
9	Park, Alexander	13	Hornsby	29.18

Heat 5 of 7 Timed Finals

0	Butcher, Benjamin	14	Loreto	30.28
1	Connell, Patrick	13	Loreto	29.98
2	Wilde, Ciaran	16	Lane Cove	29.80
3	Brown, Luke	13	Windsor	29.61
4	Mundey, Campbell	14	Loreto	29.36
5	Sikorski, Liam	13	Norwest	29.44
6	Mueller, Reef	13	Woy Woy	29.74
7	Bendinelli, Teo	14	Hunter	29.80
8	Lowe, Ilia	16	Gosford	30.06
9	Smith, Harrison	13	Mittagong	30.57

Heat 6 of 7 Timed Finals

0	Lin, Lachlan	13	Castle Hill	31.97
1	Helal, Yousef	14	Norwest	31.83
2	O'Brien, Andrew	14	Norwest	31.43
3	Haifa, Michael Jr	13	Norwest	31.28
4	Wang, Thomas	13	Hornsby	30.65
5	Willis, Jake	14	Gosford	31.17
6	Way, Mathias	13	Gosford	31.41
7	Park, Ryan	13	Mlc	31.56
8	Zhu, Donald	14	Mlc	31.89
9	Howard, Archie	13	Norwest	31.98

Heat 7 of 7 Timed Finals

1	Park, Ian	13	Mlc	35.24
2	Hincks, Lucas	14	Loreto	33.95
3	Oxenford, Noah	13	Knox Pymble	33.02
4	Norman, Eli	14	Picton	32.03
5	Massali-Singh, Armaan	13	Norwest	32.06
6	Li, Jimmy	13	Auburn	33.94
7	Lee, Ian	13	SW	34.37
8	Raymond, Evan	13	Castle Hill	35.33

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Event 18 Women 13 & Over 50 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Timed Finals				
0	Regner, Peyton	15	AquaBlitz Toongabbie	28.62
1	Wells, Felicity	14	Lower Blue Mountains	28.51
2	Simsek, Alice	15	Sans Souci	28.31
3	Lewis, Hanna	15	Blacktown	27.93
4	Lilienthal, Jaya	17	Knox Pymble	26.94
5	He, Isabel	16	Castle Hill	27.82
6	Carter, Ruby	14	Nuswim	28.14
7	Oliffe, Maddison	15	Lower Blue Mountains	28.47
8	Floro, Isabel	13	Mlc	28.52
9	Gartner, Makenzi	13	Sopac	28.66
Heat 2 of 8 Timed Finals				
0	Galea, Giselle	16	Sans Souci	29.03
1	Damian, Abigail	13	Lane Cove	28.94
2	Ward, Emma	14	Lane Cove	28.82
3	Kim, Ivy	14	Barker	28.72
4	Bigatton, Ilva	13	Southern Sydney	28.68
5	Trewern, Abbey	17	360 Scully Park	28.71
6	Hepburn, Ava	14	Kincumber	28.77
7	Donald, Jocelyn	17	Sopac	28.92
8	Lavender, Sophie	14	Windsor	28.96
9	Dickson, Ella	15	The Hills	29.03
Heat 3 of 8 Timed Finals				
0	Farhy, Aviv	15	Kincoppal-Rose Bay	29.52
1	Ng, Aliza	14	Castle Hill	29.41
2	Kim, Boa	14	Macquarie University	29.21
3	Chantler, Madison	15	Mlc	29.13
4	Wardrop, Piper-Jade	13	Wye Point	29.06
5	Leros, Marissa	15	Slc Aquadot	29.09
6	Moore, Ashleigh	20	Galston	29.20
7	Burke, Olivia	13	Mlc	29.40
8	Vintila, Andra	16	Castle Hill	29.52
9	Semos, Isabella	15	Manly	29.64
Heat 4 of 8 Timed Finals				
0	Seary, Camille	14	Norwest	30.33
1	Flannery, Nelly	14	Taree	30.17
2	Maguire, Ciara	13	Warringah	29.92
3	Schultz, Hayley	15	Castle Hill	29.69
4	Coyne, Caitlin	14	Trinity	29.68
5	Sakurovs, Alison	39	Merrylands	29.68
6	Cheung, Natalie	14	The Hills	29.75
7	Karabaeva, Evangelina	15	Gosford	30.14
8	Hughes, Annabelle	15	Nuswim	30.28
9	Daniell, Kayla	14	Macquarie University	30.36

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Heat 5 Timed Finals... (Event 18 Women 13 & Over 50 LC Metre Freestyle)

0	Crosbie, Alicia	14	Revesby Workers	30.90
1	Wilson, Madeleine	14	Norwest	30.76
2	Ruzek, Isabelle	14	Kincumber	30.73
3	Arthur, Mary	14	Swimwest	30.62
4	Kumcevski, Clarissa	15	Sans Souci	30.55
5	Warszawska, Ronia	13	Slc Aquadot	30.55
6	Yu, Olivia	15	Lane Cove	30.71
7	Flannery, Maddy	16	Taree	30.75
8	Larymore, Chloe	16	Loreto	30.89
9	Scholtens, Emma	14	Warringah	30.90

Heat 6 of 8 Timed Finals

0	Adams, Catherine	14	Galston	31.62
1	Wong, Isabel	15	Mlc	31.33
2	Jones, Ruby	16	Hornsby	31.13
3	Roberts, Lily	13	Norwest	31.09
4	Gouws, Olivia	13	Loreto	30.91
5	Cave, Zara	17	Loreto	30.99
6	Gan, Charlotte	15	Mlc	31.11
7	Wong, Zoe	14	Mlc	31.13
8	Armstrong, Jade	13	Terrey Hills	31.43
9	Livy, Kalani	14	Loreto	31.63

Heat 7 of 8 Timed Finals

0	Negri, Keira	13	Norwest	33.85
1	Barnsley, Olivia	14	Loreto	33.18
2	Laws, Eva	14	Galston	33.04
3	Tully, Grace	13	Cruiz	32.80
4	Park, Ally	13	Castle Hill	31.81
5	Singh, Pareena	15	Castle Hill	32.58
6	Clifford, Abigail	13	Ripples St Marys	32.93
7	Bottino, Giaan	14	Castle Hill	33.15
8	Hodges, Chelsea	13	Castle Hill	33.42
9	Yang, Kiera	13	Mlc	34.07

Heat 8 of 8 Timed Finals

1	Crowe, Amanda	24	Lane Cove	39.58
2	Lettice, Caitlin	13	Castle Hill	37.30
3	Ward, Lily	13	Windsor	35.34
4	Yao, Evonnie	13	Hornsby	34.43
5	Hwang, Seoyun	13	Plc Sydney	34.55
6	Murphy, Tully	13	Norwest	35.46
7	Webber, Alannah	14	Bluefins	39.25

Event 19 Men 50 LC Metre Freestyle Multi-Class

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Timed Finals				
2	Hyde-Grofski, Jaydon S9	13	Norwest	NT
3	Wilcox, Alex S16	48	Lane Cove	33.71
4	Williams, Michael S14	13	Norwest	32.85
5	Dimech-O'Connell, Daniel S19	17	Atlantis	33.59
6	Huang, Lincoln S9	8	Coulter	54.00

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Event 20 Women 50 LC Metre Freestyle Multi-Class

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Timed Finals				
3	Sebire, Elodie S14	14	Norwest	40.05
4	Apthorpe, Iesha S19	20	Port Macquarie	28.30
5	Pratt, Samantha S10	28	Lane Cove	32.74

Event 21 Men 200 LC Metre Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
0	McGee, Carter	13	Cranbrook	2:30.67
1	Officer, Benjamin	15	Dapto	2:26.71
2	Wong, Jacob	15	Mlc	2:24.38
3	Vukasovic, Jack Filip	20	Galston	2:22.98
4	Wilson, Angus	16	Norwest	2:11.64
5	Abbott, George	17	Norwest	2:17.56
6	Scanlan, Blake	16	The Hills	2:22.98
7	Wilde, Ciaran	16	Lane Cove	2:25.77
8	Howard, Tristan	15	Norwest	2:27.01
9	Keshishian, Zareh	14	Macquarie University	2:34.99
Heat 2 of 2 Timed Finals				
2	Dimallbot, Nathan	11	Auburn	3:19.18
3	Havron, Oliver	13	Norwest	2:45.25
4	Yoon, Matthew	12	Sopac	2:41.70
5	Morphett, Noah	12	Nepean	2:45.15
6	G Menon, Madhav	10	Sopac	3:10.19

Event 22 Women 200 LC Metre Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
0	Wong, Zoe	14	Mlc	2:58.20
1	Hampton, Zoe	13	Norwest	2:54.95
2	Klepzig, Bethany	12	Wyee Point	2:43.72
3	Andrews, Lily	12	Narrabeen	2:40.51
4	Dickson, Ella	15	The Hills	2:33.02
5	Callon, Lily	14	Trinity	2:39.89
6	Yu, Carolyn	13	Revesby Workers	2:41.54
7	Tian, Vivienne	10	Auburn	2:49.78
8	Crosbie, Liliane	11	Revesby Workers	2:55.02
9	Perry, Zahli	12	Norwest	2:59.03
Heat 2 of 2 Timed Finals				
3	Nutt, Samantha	13	Loreto	3:16.54
4	Yao, Evonnie	13	Hornsby	3:10.93
5	Marano, Ava	13	Camden	3:11.41

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Event 23 Men 12 & Under 100 LC Metre Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals				
0	Arthur, Kirk	11	Swimwest	1:41.96
1	Meshtrovich, Tony	10	Revesby Workers	1:41.36
2	Lo, Jesse	10	Sydney University	1:36.70
3	Walters, Finn	12	Narrabeen	1:32.46
4	Shams, Arnik	11	Carlile	1:20.57
5	McVean, Cameron	10	Castle Hill	1:29.94
6	Zhu, Lewis	11	Sopac	1:35.50
7	Rayitsyn, Elliot	10	Sopac	1:38.59
8	Luhetoa, Kcasiano	12	Nepean	1:41.62
9	Yoo, Junsang	11	Castle Hill	1:42.95
Heat 2 of 3 Timed Finals				
0	Lee, Nathan	9	Newington	1:51.23
1	Cahill, Eli	11	Nepean	1:50.21
2	Melohn, Beau	12	Kincumber	1:46.62
3	Oxenford, Ashton	10	Knox Pymble	1:44.72
4	Oi, Thomas	12	Kincumber	1:43.69
5	Wang, Jasper	9	Auburn	1:44.53
6	Hu, Ethan	10	Knox Pymble	1:46.24
7	Phairintrapha, Siwat	12	Norwest	1:48.79
8	Wu, Dylan	9	Castle Hill	1:51.16
9	Rezk, Seraphim	11	Gosford	1:53.02
Heat 3 of 3 Timed Finals				
2	Beech, Mason	10	Swimwest	1:55.00
3	Lichner, Ewan	9	Menai	1:53.91
4	Zheng, Joshua	11	Loreto	1:53.10
5	Tong, Ethan	12	Knox Pymble	1:53.31
6	Graham, Ethan	10	Norwest	1:53.91

Event 24 Women 12 & Under 100 LC Metre Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals				
0	Huang, Leona	10	Abbotsleigh	1:35.02
1	Li, Jenny	11	Auburn	1:33.43
2	Feng, Emma	11	Castle Hill	1:30.29
3	Petrie, Sophie	11	Lower Blue Mountains	1:26.93
4	Joh, Chloe	12	Sopac	1:22.83
5	Donnelly, Ava	11	Revesby Workers	1:23.95
6	Bochenek, Jasmine	12	Revesby Workers	1:29.56
7	Low, Skylar	12	Norwest	1:30.76
8	Fan, Cynthia	12	Swim Infiniti	1:33.66
9	Capecchi, Victoria	12	Mittagong	1:37.59

Norwest LC Qualifying Meet - 11/01/2025**Meet Program****Heat 2 Timed Finals... (Event 24 Women 12 & Under 100 LC Metre Breaststroke)**

0	Chapman, Sophie	12	Kincumber	1:46.17
1	Liu, Emi	9	Auburn	1:45.86
2	SU, Amy	12	Barker	1:44.39
3	Chen, Vanilla	10	Mlc	1:42.09
4	Weir, Aila-Rose	11	Bluefins	1:37.83
5	McDonald, Mieke	10	Norwest	1:41.23
6	Wang, Olivia	12	Mlc	1:42.21
7	Penny, Morgan	10	Sydney University	1:44.82
8	Du, Isabella	11	Auburn	1:46.08
9	Baker, Harriet	10	Lane Cove	1:46.36

Heat 3 of 3 Timed Finals

1	Dimalobot, Arya Sophia	9	Auburn	1:55.00
2	Perry, Harper	10	Norwest	1:53.32
3	Hwang, Nicole	10	Plc Sydney	1:51.14
4	Tsang, Charlene	10	Macquarie University	1:49.53
5	Lubinski, Edith	10	Wye Point	1:50.29
6	Wu, Nicole	10	Knox Pymble	1:52.75
7	De Leeuw, Abigail	11	Bluefins	1:53.93

Event 25 Men 13 & Over 100 LC Metre Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Timed Finals

0	Bao, Michael	15	Norwest	1:17.03
1	Costa, Mikos	15	Macquarie Shores	1:14.20
2	Mudannayake, Riyon	15	Sopac	1:12.64
3	Walton, Alex	27	Ku-ring-gai	1:12.32
4	McDonald, Finn	15	Norwest	1:09.06
5	Lau, Orlando	17	The Hills	1:11.30
6	Brown, Ryan	16	Forster	1:12.58
7	Turner, Brayton	19	Hornsby	1:13.19
8	Au-Yeung, Nathan	16	The Hills	1:15.61
9	Walters, Max	14	Narrabeen	1:17.62

Heat 2 of 2 Timed Finals

0	Mueller, Reef	13	Woy Woy	1:28.44
1	Massali-Singh, Armaan	13	Norwest	1:25.49
2	Bandinelli, Teo	14	Hunter	1:24.41
3	Pandit, Arin	13	Revesby Workers	1:20.77
4	Mathie, Blake	19	Norwest	1:17.83
5	Petrie, William	13	Lower Blue Mountains	1:19.45
6	Brown, Riley	15	Forster	1:21.38
7	Pagent, Joshua	14	Sydney University	1:24.55
8	Wang, Thomas	13	Hornsby	1:26.23
9	Lowe, Ilia	16	Gosford	1:34.16

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Event 26 Women 13 & Over 100 LC Metre Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
0	Assaf, Amelie	15	Norwest	1:22.84
1	Gaudry, Chloe	15	Wenona	1:21.76
2	Sadler-Pather, Milana	15	Ginninderra	1:20.84
3	Yi, Isabelle	17	Sopac	1:18.46
4	Ji, Iris	14	Mlc	1:14.91
5	yeo, tam	15	Castle Hill	1:17.69
6	Sumner, Lily	15	Lane Cove	1:20.17
7	Hampshire, Alexandra	14	Mittagong	1:21.42
8	Ward, Valentina	13	Taree	1:22.18
9	Turner-Burns, Bronti	13	Engadine	1:23.37
Heat 2 of 2 Timed Finals				
0	Larymore, Chloe	16	Loreto	1:33.16
1	Cave, Zara	17	Loreto	1:32.25
2	Arthur, Mary	14	Swimwest	1:30.07
3	Thanos, Stephanie	14	Slc Aquadot	1:26.62
4	Sumner, Alannah	13	Lane Cove	1:23.96
5	Kikuchi, Mirei	14	Plc Sydney	1:25.42
6	Marano, Ava	13	Camden	1:28.71
7	Skelton, Grace	13	The Hills	1:31.06
8	Haifa, Taylor Jane	15	Norwest	1:33.05
9	Barnsley, Olivia	14	Loreto	1:34.74

Event 27 Men 12 & Under 200 LC Metre IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
0	McVean, Cameron	10	Castle Hill	3:06.73
1	Hadri, Abraham	12	Campbelltown	3:04.08
2	Qu, Aaron	11	Castle Hill	2:57.73
3	Dimallbot, Nathan	11	Auburn	2:46.15
4	McGee, Oliver	11	Cranbrook	2:37.51
5	Yoon, Matthew	12	Sopac	2:45.05
6	Gan, Caleb	12	Mlc	2:47.33
7	Chabo, Thomas	11	Mlc	3:01.28
8	Wang, Matthew	11	Norwest	3:06.23
9	Apthorpe, Flynn	12	Port Macquarie	3:09.86
Heat 2 of 2 Timed Finals				
1	Cui, Ethan	12	Loreto	3:18.32
2	Goroglu, Atlas	10	Warringah	3:15.64
3	Rezk, Seraphim	11	Gosford	3:13.89
4	Melohn, Beau	12	Kincumber	3:10.90
5	Kim, Taehyun	8	SW	3:12.38
6	Pun, Mason	11	Cranbrook	3:14.36
7	Yuan, Jeffrey	9	Knox Pymble	3:15.66
8	Nejad, Radean	9	Norwest	3:19.03

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Event 28 Women 12 & Under 200 LC Metre IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals				
0	Dunlop, Lily	12	Windsor	2:58.40
1	Park, Dana	12	Mlc	2:55.83
2	Li, Jenny	11	Auburn	2:49.68
3	Ng, Claire	12	Loreto	2:48.54
4	Donnelly, Ava	11	Revesby Workers	2:48.25
5	Joh, Chloe	12	Sopac	2:48.34
6	Lin, Aurora	12	Castle Hill	2:49.48
7	Loh, Kathleen	12	Norwest	2:51.90
8	Yu, Chenxuan	12	Knox Pymble	2:56.51
9	Harrington, Rose	12	Norwest	2:59.56
Heat 2 of 3 Timed Finals				
0	Perry, Zahli	12	Norwest	3:07.33
1	Low, Skylar	12	Norwest	3:04.64
2	McGee, Jemima	9	Cranbrook	3:03.61
3	Zhou, Liliana	10	Auburn	3:02.81
4	Feng, Emma	11	Castle Hill	2:59.69
5	Sneary, Amelia	12	Manly	3:01.84
6	Wu, Sophia	12	Knox Pymble	3:03.24
7	Liu, Emi	9	Auburn	3:03.77
8	Gong, Isabella	11	Auburn	3:04.73
9	Lun, Yuxi	10	Knox Pymble	3:08.08
Heat 3 of 3 Timed Finals				
2	Petrie, Sophie	11	Lower Blue Mountains	3:17.63
3	Lin, Selene	10	Castle Hill	3:11.08
4	Du, Isabella	11	Auburn	3:10.07
5	Shi, Mia	11	Norwest	3:10.87
6	Fan, Cynthia	12	Swim Infiniti	3:13.17

Event 29 Men 13 & Over 200 LC Metre IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals				
0	Lelaen, Harry	14	Wye Point	2:34.33
1	Geng, Jaiden	15	Castle Hill	2:30.65
2	HE, Oscar	14	Castle Hill	2:27.41
3	Walter, Matthew	17	Barker	2:23.65
4	Lawrence, Daniel	17	Ravenswood	2:18.63
5	Cheng, Jonathan	15	Lane Cove	2:19.29
6	McGee, Carter	13	Cranbrook	2:25.40
7	Howard, Tristan	15	Norwest	2:30.28
8	Kim, Edward	13	Norwest	2:33.58
9	McDonald, Finn	15	Norwest	2:35.14

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Heat 2 Timed Finals... (Event 29 Men 13 & Over 200 LC Metre IM)

0	Brown, Riley	15	Forster	2:43.04
1	Xia, Bowen	13	Mlc	2:41.66
2	Bendinelli, Teo	14	Hunter	2:38.77
3	Bao, Michael	15	Norwest	2:37.44
4	Wong, Jacob	15	Mlc	2:35.41
5	Pilbeam, James	13	Norwest	2:36.91
6	Petrie, William	13	Lower Blue Mountains	2:38.55
7	Brown, Luke	13	Windsor	2:39.99
8	Keshishian, Zareh	14	Macquarie University	2:42.42
9	Mundey, Campbell	14	Loreto	2:43.34

Heat 3 of 3 Timed Finals

2	Park, Alexander	13	Hornsby	2:59.82
3	Howard, Archie	13	Norwest	2:56.85
4	Smith, Harrison	13	Mittagong	2:53.94
5	O'Brien, Andrew	14	Norwest	2:55.92
6	Wang, Thomas	13	Hornsby	2:59.24

Event 30 Women 13 & Over 200 LC Metre IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Timed Finals

0	Wong, Zoe	14	Mlc	2:50.61
1	Seary, Camille	14	Norwest	2:44.02
2	Apthorpe, Iesha SM19	20	Port Macquarie	2:40.14
3	Chantler, Madison	15	Mlc	2:36.81
4	Noonan, Alexandra	16	Charlestown	2:30.78
5	Ward, Emma	14	Lane Cove	2:36.60
6	Boll, Valerie	16	Norwest	2:39.01
7	Hampton, Mia	15	Norwest	2:40.28
8	Coyne, Caitlin	14	Trinity	2:46.94
9	Gartner, Makenzi	13	Sopac	2:51.20

Heat 2 of 2 Timed Finals

2	Hoye, Ella SM19	16	Narrabeen	2:59.73
3	Clifford, Abigail	13	Ripples St Marys	2:57.34
4	Roberts, Lily	13	Norwest	2:52.12
5	Haifa, Taylor Jane	15	Norwest	2:56.98
6	Pratt, Samantha SM10	28	Lane Cove	2:57.96
7	Ozols, Vanessa SM14	19	AquaBlitz Toongabbie	2:59.77

Event 31 Men 400 LC Metre IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Timed Finals

2	Pandit, Arin	13	Revesby Workers	5:48.66
3	Howard, Tristan	15	Norwest	5:19.28
4	Mathie, Blake	19	Norwest	4:55.53
5	McGee, Carter	13	Cranbrook	5:16.14
6	Kim, Edward	13	Norwest	5:30.05
7	Gan, Caleb	12	Mlc	5:52.63

Event 32 Women 400 LC Metre IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Timed Finals

4	Song, Sarah	15	The Hills	5:37.57
5	Wong, Zoe	14	Mlc	5:56.78

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Event 33 Men 12 & Under 100 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Timed Finals				
0	Walters, Finn	12	Narrabeen	1:10.03
1	Buck, Koby	12	Revesby Workers	1:08.81
2	Qu, Aaron	11	Castle Hill	1:07.98
3	McGee, Oliver	11	Cranbrook	1:04.35
4	Penny, Thomas	12	Sydney University	56.26
5	Slater, Mitchell	12	Barker	1:03.61
6	Yoon, Matthew	12	Sopac	1:05.48
7	Cui, Ethan	12	Loreto	1:08.52
8	Hadri, Abraham	12	Campbelltown	1:09.73
9	Luhetoa, Kcasiano	12	Nepean	1:10.68
Heat 2 of 6 Timed Finals				
0	Bigatton, Aidan	10	Southern Sydney	1:15.68
1	McVean, Cameron	10	Castle Hill	1:14.99
2	Wilson, Rex	10	Mlc	1:14.65
3	Shams, Arnik	11	Carlile	1:13.67
4	Apthorpe, Flynn	12	Port Macquarie	1:12.04
5	Yang, Ashton	9	Knox Pymble	1:12.59
6	Pun, Mason	11	Cranbrook	1:13.73
7	Huang, Jialu	12	Mlc	1:14.82
8	Meshtrovich, Tony	10	Revesby Workers	1:15.44
9	Chabo, Thomas	11	Mlc	1:16.08
Heat 3 of 6 Timed Finals				
0	Nejad, Radean	9	Norwest	1:19.69
1	Skelly, Levi	12	Woy Woy	1:18.58
2	Hannah, Joshua	12	Sans Souci	1:18.08
3	Cho, Yoo Chan	11	SW	1:16.99
4	Hudson-Gofers, Caesar	9	Barker	1:16.58
5	Wang, Matthew	11	Norwest	1:16.80
6	Phairintrapha, Siwat	12	Norwest	1:17.58
7	Flippence, Chase	10	Camden	1:18.47
8	Carter, Jasper	11	Hornsby	1:19.12
9	Guo, Eric	9	Norwest	1:20.72
Heat 4 of 6 Timed Finals				
0	Yuan, Jeffrey	9	Knox Pymble	1:22.29
1	Oi, Thomas	12	Kincumber	1:21.73
2	Kim, Taehyun	8	SW	1:21.49
3	Crawhall, William	11	Picton	1:21.23
4	Melohn, Beau	12	Kincumber	1:20.96
5	Lichner, Ewan	9	Menai	1:21.21
6	Liu, Boao	9	Norwest	1:21.35
7	Jones, Gabriel	9	Plc Sydney	1:21.71
8	Wang, Ryan	8	Auburn	1:21.83
9	Wilson, Jude	12	Mlc	1:23.74

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Heat 5 Timed Finals... (Event 33 Men 12 & Under 100 LC Metre Freestyle)

0	Hu, Ethan	10	Knox Pymble	1:26.78
1	Shippen, Joshua	9	Manly	1:26.47
2	Beech, Mason	10	Swimwest	1:25.23
3	Graham, Ethan	10	Norwest	1:24.66
4	Zheng, Joshua	11	Loreto	1:24.44
5	Rezk, Seraphim	11	Gosford	1:24.48
6	Kakkad, Dhruv	11	Norwest	1:24.75
7	Cook, Edward	10	Norwest	1:26.25
8	Wang, Jasper	9	Norwest	1:26.67
9	Wang, Justin	10	Norwest	1:27.01

Heat 6 of 6 Timed Finals

0	Howard, Flynn	10	Norwest	1:28.79
1	Wen, Luke	10	Castle Hill	1:28.16
2	Carter, Max	10	Hunter	1:27.97
3	Black, George	11	Lane Cove	1:27.72
4	Arthur, Kirk	11	Swimwest	1:27.24
5	Blyth, Thomas	11	Galston	1:27.57
6	Sebire, Emerson	12	Norwest	1:27.81
7	Shi, Aiden Jy	8	Norwest	1:27.98
8	Cahill, Eli	11	Nepean	1:28.43

Event 34 Women 12 & Under 100 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Timed Finals

0	Li, Jenny	11	Auburn	1:08.91
1	Wu, Sophia	12	Knox Pymble	1:08.72
2	Miller, Priscilla	11	Knox Pymble	1:07.53
3	Andrews, Lily	12	Narrabeen	1:05.09
4	Joh, Chloe	12	Sopac	1:02.48
5	Ng, Claire	12	Loreto	1:03.99
6	Lin, Aurora	12	Castle Hill	1:05.26
7	Park, Dana	12	Mlc	1:08.11
8	Fisher, Claire	12	Ku-ring-gai	1:08.77
9	Donnelly, Ava	11	Revesby Workers	1:09.10

Heat 2 of 7 Timed Finals

0	Piniero, Cairee	10	Auburn	1:13.02
1	Low, Skylar	12	Norwest	1:11.95
2	Huang, Leona	10	Abbotsleigh	1:11.82
3	Yu, Chenxuan	12	Knox Pymble	1:11.22
4	Quantick Barnes, Eadie	12	Lane Cove	1:09.67
5	Loh, Kathleen	12	Norwest	1:10.38
6	Harrington, Rose	12	Norwest	1:11.64
7	Oh, Lina	10	Plc Sydney	1:11.90
8	Tian, Vivienne	10	Auburn	1:12.56
9	Zhou, Liliana	10	Auburn	1:13.07

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Heat 3 Timed Finals... (Event 34 Women 12 & Under 100 LC Metre Freestyle)

0	Butcher, Mikaela	12	Loreto	1:16.03
1	Du, Isabella	11	Auburn	1:14.46
2	Dunlop, Lily	12	Windsor	1:13.98
3	Crosbie, Liliane	11	Revesby Workers	1:13.66
4	Feng, Emma	11	Castle Hill	1:13.19
5	Perry, Zahli	12	Norwest	1:13.32
6	Holding, Autumn	11	Mittagong	1:13.88
7	Liu, Emi	9	Auburn	1:14.44
8	Dudson, Anya	12	Castle Hill	1:15.77
9	Garnett, Elizabeth	11	Lane Cove	1:16.13

Heat 4 of 7 Timed Finals

0	Kelly, Isabella	11	Wenona	1:18.54
1	Kelly, Madeleine	11	Wenona	1:18.35
2	Capecchi, Victoria	12	Mittagong	1:17.68
3	Yu, Joyce	12	Lane Cove	1:17.17
4	McGee, Jemima	9	Cranbrook	1:16.23
5	Zhang, Eva	12	Hornsby	1:16.53
6	Bush, Emily	11	Mlc	1:17.37
7	Fardell, Ava	12	Kincumber	1:17.71
8	Shi, Mia	11	Norwest	1:18.54
9	Weir, Aila-Rose	11	Bluefins	1:18.69

Heat 5 of 7 Timed Finals

0	Lawry, Isabelle	10	Lane Cove	1:23.34
1	Fallins, Lucinda	11	Coulter	1:22.26
2	SU, Amy	12	Barker	1:21.29
3	Assaf, Lucia	11	Norwest	1:19.25
4	Petrie, Sophie	11	Lower Blue Mountains	1:18.79
5	Burda, Nina	11	Macquarie University	1:19.24
6	Kelly, Melody	11	Sopac	1:20.68
7	Lowe, Lisbeth	11	Gosford	1:22.12
8	Dimalobot, Arya Sophia	9	Auburn	1:23.19
9	Keating, Matilda	12	Riverstone	1:24.43

Heat 6 of 7 Timed Finals

0	Schultz, Kira	12	Castle Hill	1:28.76
1	Yung, Tamia	10	Loreto	1:27.57
2	Gao, Zoe	11	Barker	1:26.65
3	Dillon, Lucia	9	Lane Cove	1:25.29
4	Finn, Alena	10	Sydney University	1:24.90
5	Beveridge, Sienna	9	Ku-ring-gai	1:25.20
6	Chen, Vanilla	10	Mlc	1:26.27
7	De Leeuw, Abigail	11	Bluefins	1:27.44
8	Perry, Harper	10	Norwest	1:28.13
9	Harrington, Sienna	10	Norwest	1:28.81

Heat 7 of 7 Timed Finals

3	Penny, Morgan	10	Sydney University	1:29.58
4	Posthumus, Eva	9	Menai	1:29.05
5	Zhang, Hailey	10	Knox Pymble	1:29.34

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Event 35 Men 13 & Over 100 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Timed Finals				
0	Murdoch, Ryan	17	Windsor	56.86
1	Nam, Junseong	16	Plc Sydney	55.67
2	Reid, Harrison	15	Lane Cove	55.51
3	Suvajac, Nicholas	18	Norwest	54.87
4	Lawrence, Daniel	17	Ravenswood	52.76
5	Goodchild, Jensen	18	Macquarie University	54.57
6	Keat, Hamish	18	Picton	55.05
7	Lam, Lewis	16	Castle Hill	55.55
8	Vukasovic, Jack Filip	20	Galston	56.65
9	Mathie, Blake	19	Norwest	57.08
Heat 2 of 6 Timed Finals				
0	Geng, Jaiden	15	Castle Hill	59.35
1	Au-Yeung, Nathan	16	The Hills	59.09
2	Glasson, Joel	14	Southern Sydney	58.79
3	Ford, Alexander	16	Stroud	58.49
4	Tieste, Samuel	13	Norwest	57.72
5	Lawrence, Cameron	15	Ravenswood	58.39
6	Mcnamara, Ryan	14	Sydney University	58.59
7	Officer, Benjamin	15	Dapto	58.83
8	Pilbeam, James	13	Norwest	59.27
9	Costa, Mikos	15	Macquarie Shores	1:00.03
Heat 3 of 6 Timed Finals				
0	Yacoub, Christopher	13	Menai	1:03.65
1	Walton, Alex	27	Ku-ring-gai	1:03.32
2	Pagent, Joshua	14	Sydney University	1:02.74
3	Lelaen, Harry	14	Wye Point	1:01.87
4	HE, Oscar	14	Castle Hill	1:00.82
5	Pang, Gavin	13	Norwest	1:01.82
6	Dunk, Jack	13	Lane Cove	1:02.21
7	Lee, Matthew	13	Newington	1:02.92
8	Mundey, Campbell	14	Loreto	1:03.33
9	Brown, Luke	13	Windsor	1:03.78
Heat 4 of 6 Timed Finals				
0	Butcher, Benjamin	14	Loreto	1:08.00
1	Sikorski, Liam	13	Norwest	1:07.75
2	Connell, Patrick	13	Loreto	1:07.05
3	Mueller, Reef	13	Woy Woy	1:05.59
4	Vukasovic, Max	17	Galston	1:04.31
5	Boyden, Marcus	15	Lane Cove	1:04.70
6	Crawhall, Lachlan	15	Picton	1:06.83
7	Smith, Harrison	13	Mittagong	1:07.24
8	Lowe, Ilia	16	Gosford	1:07.94
9	Park, Alexander	13	Hornsby	1:08.22

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Heat 5 Timed Finals... (Event 35 Men 13 & Over 100 LC Metre Freestyle)

1	O'Brien, Andrew	14	Norwest	1:12.59
2	Bradshaw, Riley	13	Terrey Hills	1:11.56
3	Willis, Jake	14	Gosford	1:09.31
4	Petrie, William	13	Lower Blue Mountains	1:08.59
5	Park, Ryan	13	Mlc	1:08.72
6	Howard, Archie	13	Norwest	1:10.81
7	Massali-Singh, Armaan	13	Norwest	1:11.74
8	Haifa, Michael Jr	13	Norwest	1:13.53

Heat 6 of 6 Timed Finals

3	Dimech-O'Connell, Daniel S19	17	Atlantis	1:14.33
4	Xia, Bowen	13	Mlc	1:13.71
5	Lee, Ian	13	SW	1:13.74

Event 36 Women 13 & Over 100 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Timed Finals

0	Costelloe, Hannah	14	Hornsby	1:02.26
1	Bigatton, Ilva	13	Southern Sydney	1:01.94
2	Carter, Ruby	14	Nuswim	1:01.49
3	Ruzek, Felicity	16	Kincumber	1:00.70
4	Lilienthal, Jaya	17	Knox Pymble	59.82
5	Apthorpe, Iesha S19	20	Port Macquarie	1:00.18
6	Gaudry, Chloe	15	Wenona	1:00.80
7	Oliffe, Maddison	15	Lower Blue Mountains	1:01.77
8	Chantler, Madison	15	Mlc	1:02.19
9	Yi, Kaitlyn	14	Sopac	1:02.41

Heat 2 of 6 Timed Finals

0	He, Isabel	16	Castle Hill	1:03.83
1	Wardrop, Piper-Jade	13	Wye Point	1:03.73
2	Kim, Ivy	14	Barker	1:03.52
3	Leros, Marissa	15	Slc Aquadot	1:03.39
4	Assaf, Isabella	13	Norwest	1:02.78
5	Trewern, Abbey	17	360 Scully Park	1:03.13
6	Floro, Isabel	13	Mlc	1:03.47
7	Gartner, Makenzi	13	Sopac	1:03.53
8	Hepburn, Ava	14	Kincumber	1:03.82
9	Dickson, Ella	15	The Hills	1:03.93

Heat 3 of 6 Timed Finals

0	Maguire, Ciara	13	Warringah	1:06.51
1	Burke, Olivia	13	Mlc	1:05.72
2	Moore, Ashleigh	20	Galston	1:05.47
3	Ng, Aliza	14	Castle Hill	1:04.34
4	Lavender, Sophie	14	Windsor	1:03.99
5	Wells, Felicity	14	Lower Blue Mountains	1:04.13
6	Coyne, Caitlin	14	Trinity	1:04.66
7	Schultz, Hayley	15	Castle Hill	1:05.56
8	Seary, Camille	14	Norwest	1:06.29
9	Hughes, Annabelle	15	Nuswim	1:06.52

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Heat 4 Timed Finals... (Event 36 Women 13 & Over 100 LC Metre Freestyle)

0	Kikuchi, Mirei	14	Plc Sydney	1:08.38
1	Evans, Caitlin	25	Revesby Workers	1:07.95
2	Gan, Charlotte	15	Mlc	1:07.29
3	Arthur, Mary	14	Swimwest	1:07.08
4	Cheung, Natalie	14	The Hills	1:06.67
5	Farhy, Aviv	15	Kincoppal-Rose Bay	1:06.83
6	Turner, Pearl	16	Hornsby	1:07.17
7	Ruzek, Isabelle	14	Kincumber	1:07.81
8	Daniell, Kayla	14	Macquarie University	1:08.10
9	Yu, Olivia	15	Lane Cove	1:08.40

Heat 5 of 6 Timed Finals

0	Cave, Zara	17	Loreto	1:11.76
1	Wong, Isabel	15	Mlc	1:10.57
2	Crosbie, Alicia	14	Revesby Workers	1:10.32
3	Adams, Catherine	14	Galston	1:09.86
4	Scholten, Emma	14	Warringah	1:08.65
5	Roberts, Lily	13	Norwest	1:08.93
6	Livy, Kalani	14	Loreto	1:10.26
7	Park, Ally	13	Castle Hill	1:10.45
8	Jones, Ruby	16	Hornsby	1:10.99
9	Tully, Grace	13	Cruiz	1:12.00

Heat 6 of 6 Timed Finals

1	Hampton, Zoe	13	Norwest	1:14.97
2	Staplehurst, Maiya	13	Mlc	1:13.74
3	Gouws, Olivia	13	Loreto	1:12.62
4	Haifa, Taylor Jane	15	Norwest	1:12.18
5	Negri, Keira	13	Norwest	1:12.32
6	Hodges, Chelsea	13	Castle Hill	1:12.78
7	Bottino, Giaan	14	Castle Hill	1:14.70
8	Ozols, Vanessa S14	19	AquaBlitz Toongabbie	1:14.98

Event 37 Men 12 & Under 50 LC Metre Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Timed Finals				
0	Pun, Mason	11	Cranbrook	44.31
1	Wilson, Jude	12	Mlc	42.71
2	Zhu, Lewis	11	Sopac	41.63
3	Dimallbot, Nathan	11	Auburn	38.93
4	Shams, Arnik	11	Carlile	36.90
5	McGee, Oliver	11	Cranbrook	37.51
6	McVean, Cameron	10	Castle Hill	41.07
7	Morphett, Noah	12	Nepean	42.55
8	Yoo, Junsang	11	Castle Hill	43.12
9	Dong, Wenshuo	12	Sydney University	44.34

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Heat 2 Timed Finals... (Event 37 Men 12 & Under 50 LC Metre Breaststroke)

0	Wilson, Rex	10	Mlc	46.16
1	Hannah, Joshua	12	Sans Souci	46.10
2	Rayitsyn, Elliot	10	Sopac	45.67
3	Cho, Yoo Chan	11	SW	45.38
4	Qu, Aaron	11	Castle Hill	44.49
5	Luhettoa, Kcasiano	12	Nepean	45.26
6	Wang, Jasper	9	Auburn	45.53
7	Oxenford, Ashton	10	Knox Pymble	45.80
8	Goroglu, Atlas	10	Warringah	46.15
9	Crawhall, William	11	Picton	46.26

Heat 3 of 8 Timed Finals

0	Kim, Taehyun	8	SW	49.11
1	Yuan, Jeffrey	9	Knox Pymble	48.99
2	Wu, Dylan	9	Castle Hill	48.72
3	Arthur, Kirk	11	Swimwest	47.82
4	Davis, Lachlan	10	Kincumber	47.24
5	Oi, Thomas	12	Kincumber	47.57
6	Yang, Ashton	9	Knox Pymble	48.20
7	Phairintrapha, Siwat	12	Norwest	48.91
8	Graham, Ethan	10	Norwest	49.00
9	Hu, Ethan	10	Knox Pymble	49.38

Heat 4 of 8 Timed Finals

0	Nejad, Radean	9	Norwest	51.63
1	Zheng, Joshua	11	Loreto	51.45
2	Sebire, Emerson	12	Norwest	50.57
3	Hadri, Abraham	12	Campbelltown	50.20
4	Slater, Mitchell	12	Barker	49.39
5	Black, George	11	Lane Cove	49.57
6	Tong, Ethan	12	Knox Pymble	50.41
7	Wen, Luke	10	Castle Hill	50.75
8	Rezk, Seraphim	11	Gosford	51.57
9	Shi, Aiden Jy	8	Norwest	52.11

Heat 5 of 8 Timed Finals

0	Beech, Mason	10	Swimwest	54.79
1	Guo, Eric	9	Norwest	54.67
2	Hudson-Gofers, Caesar	9	Barker	54.41
3	Liu, Boao	9	Norwest	53.19
4	Melohn, Beau	12	Kincumber	52.25
5	Carter, Ned	12	Hunter	52.84
6	Sebire, Lawson	10	Norwest	54.27
7	Skelly, Levi	12	Woy Woy	54.50
8	Beck, Zachary	10	Lane Cove	54.78
9	Yang, Jayden	9	Carlile	55.18

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 6 Timed Finals... (Event 37 Men 12 & Under 50 LC Metre Breaststroke)

0	Ford, Anthony	10	Stroud	59.63
1	Jones, Gabriel	9	Plc Sydney	56.90
2	Ng, Ian	10	Castle Hill	56.32
3	Shippen, Joshua	9	Manly	56.11
4	Davis, William	8	Kincumber	55.36
5	Prideaux, Ethan	10	Bluefins	55.50
6	Zhu, Lucas	9	Sopac	56.31
7	Zhuang, Johnathan	10	Norwest	56.51
8	Oi, James	9	Kincumber	57.14
9	Grobler, Johannes	10	Norwest	1:00.01

Heat 7 of 8 Timed Finals

0	Zhang, Ethan	8	Castle Hill	1:02.53
1	Herman, Dylan	10	Mount Annan	1:01.95
2	Capecchi, Tommaso	9	Mittagong	1:01.30
3	Howard, Flynn	10	Norwest	1:01.00
4	Zaboli, Ryan	9	Hornsby	1:00.89
5	Zhang, Jason	8	Knox Pymble	1:01.00
6	Barnes, Ethan	9	Norwest	1:01.11
7	Hadri, Isaac	11	Campbelltown	1:01.67
8	Carter, Jasper	11	Hornsby	1:02.15
9	Ding, Dennis	9	Auburn	1:02.70

Heat 8 of 8 Timed Finals

3	Perry, Jett	8	Norwest	1:04.11
4	Park, Raphael	8	Hornsby	1:03.12
5	Blyth, Thomas	11	Galston	1:03.87

Event 38 Women 12 & Under 50 LC Metre Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Timed Finals

0	Hirama, Maple	10	Loreto	43.46
1	Vintila, Isabelle	11	Castle Hill	43.01
2	Loh, Kathleen	12	Norwest	42.33
3	Fan, Cynthia	12	Swim Infiniti	41.70
4	Joh, Chloe	12	Sopac	38.01
5	Petrie, Sophie	11	Lower Blue Mountains	39.33
6	Low, Skylar	12	Norwest	41.97
7	Dunlop, Lily	12	Windsor	42.83
8	Weir, Aila-Rose	11	Bluefins	43.38
9	Crosbie, Liliane	11	Revesby Workers	43.52

Heat 2 of 9 Timed Finals

0	Harrington, Rose	12	Norwest	46.79
1	Yu, Joyce	12	Lane Cove	45.97
2	McDonald, Mieke	10	Norwest	45.41
3	Capecchi, Victoria	12	Mittagong	44.22
4	Davis, Charlotte	12	Kincumber	43.71
5	Yu, Chenxuan	12	Knox Pymble	44.15
6	Wang, Olivia	12	Mlc	44.54
7	Clapham, Ashley	12	Mlc	45.80
8	SU, Amy	12	Barker	46.01
9	Ventra, Kimberley	9	Menai	46.92

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 3 Timed Finals... (Event 38 Women 12 & Under 50 LC Metre Breaststroke)

0	Kelly, Melody	11	Sopac	48.06
1	Wu, Sophia	12	Knox Pymble	47.72
2	Shi, Mia	11	Norwest	47.57
3	Baker, Harriet	10	Lane Cove	47.51
4	Perry, Zahli	12	Norwest	47.18
5	Tsang, Charlene	10	Macquarie University	47.33
6	Cox, Serena	11	Manly	47.52
7	Chen, Vanilla	10	Mlc	47.70
8	Huang, Erin	10	Coulter	47.77
9	Liu, Mengqi	11	Sopac	48.39

Heat 4 of 9 Timed Finals

0	Perry, Harper	10	Norwest	50.11
1	McGee, Jemima	9	Cranbrook	50.02
2	Fisher, Claire	12	Ku-ring-gai	49.49
3	Wu, Nicole	10	Knox Pymble	48.67
4	Chapman, Sophie	12	Kincumber	48.48
5	Lee, Grace	12	Mlc	48.65
6	Dimalobot, Arya Sophia	9	Auburn	49.35
7	Gao, Zoe	11	Barker	50.01
8	Bedford, Isabella	11	Campbelltown	50.09
9	McVean, Emily	9	Castle Hill	50.60

Heat 5 of 9 Timed Finals

0	Butcher, Mikaela	12	Loreto	52.28
1	Keating, Matilda	12	Riverstone	51.71
2	Lubinski, Edith	10	Wye Point	51.25
3	Zhang, Taixi	11	Norwest	50.79
4	Dillon, Lucia	9	Lane Cove	50.67
5	Bye, Pippa	10	Atlantis	50.75
6	Fallins, Lucinda	11	Coulter	50.85
7	Hwang, Nicole	10	Plc Sydney	51.52
8	Mueller, Cleo	8	Woy Woy	51.94
9	Wang, Rose	9	Knox Pymble	52.48

Heat 6 of 9 Timed Finals

0	Yuan, Olivia Ling Yi	8	Mlc	55.61
1	Kelly, Isabella	11	Wenona	54.57
2	Low, Averie	10	Norwest	53.36
3	De Leeuw, Abigail	11	Bluefins	53.11
4	Lawry, Isabelle	10	Lane Cove	52.53
5	Zhang, Hailey	10	Knox Pymble	52.73
6	Finn, Alena	10	Sydney University	53.14
7	Li, Selena	8	Auburn	54.24
8	Posthumus, Eva	9	Menai	55.33
9	Lettice, Sarah	11	Castle Hill	55.89

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 7 Timed Finals... (Event 38 Women 12 & Under 50 LC Metre Breaststroke)

0	Kim, April	8	SW	58.43
1	Deery, Erin	8	Ginninderra	57.23
2	Kelly, Madeleine	11	Wenona	56.70
3	Beveridge, Sienna	9	Ku-ring-gai	56.42
4	Zhou, Hailey	7	Plc Sydney	56.36
5	Lichner, Eva	9	Menai	56.38
6	Raymond, Alyssa	11	Castle Hill	56.68
7	Temuqile, Hongor	7	Auburn	57.10
8	Lun, Yuxi	10	Knox Pymble	57.35
9	Harrington, Sienna	10	Norwest	58.44

Heat 8 of 9 Timed Finals

0	Donnelly, Edith	9	Bluefins	1:02.08
1	Morgan, Pennan	9	Norwest	1:01.22
2	Chen, Marina	9	Mlc	1:00.94
3	Yung, Tamia	10	Loreto	1:00.51
4	Webber, Jemima	11	Bluefins	58.92
5	Wilcox, Phoebe	10	Lane Cove	1:00.11
6	Cho, Ye Jin	9	SW	1:00.71
7	Lin, Amelia	9	Swim Infiniti	1:01.15
8	Zrnic, Klara	11	Swimwest	1:01.62
9	Duong, Jasmine	8	Mlc	1:02.46

Heat 9 of 9 Timed Finals

3	Hannah, Emilia	9	Plc Sydney	1:04.81
4	Ding, Ivy	7	Auburn	1:02.62
5	Vlainic, Olivia	9	Norwest	1:04.55

Event 39 Men 13 & Over 50 LC Metre Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Timed Finals

0	Jennings, Brandon	14	Castle Hill	33.03
1	Brown, Ryan	16	Forster	32.32
2	Turner, Brayton	19	Hornsby	32.16
3	McDonald, Finn	15	Norwest	31.88
4	Lawrence, Daniel	17	Ravenswood	31.11
5	Napoli, James	17	Lane Cove	31.42
6	London, Daniel	16	The Hills	32.14
7	Lau, Orlando	17	The Hills	32.27
8	Au-Yeung, Nathan	16	The Hills	32.33
9	Burda, Leo	14	Macquarie University	34.28

Heat 2 of 4 Timed Finals

0	Brown, Riley	15	Forster	36.56
1	Lam, Lewis	16	Castle Hill	36.16
2	Bao, Michael	15	Norwest	35.95
3	Walters, Max	14	Narrabeen	35.02
4	Guo, Christopher	15	Macquarie University	34.78
5	Costa, Mikos	15	Macquarie Shores	34.88
6	HE, Oscar	14	Castle Hill	35.05
7	Petrie, William	13	Lower Blue Mountains	36.01
8	Ly, Maddox	15	Galston	36.54
9	Pandit, Arin	13	Revesby Workers	36.62

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 3 Timed Finals... (Event 39 Men 13 & Over 50 LC Metre Breaststroke)

0	Connell, Patrick	13	Loreto	40.88
1	Park, Alexander	13	Hornsby	39.01
2	Kim, Edward	13	Norwest	38.42
3	Massali-Singh, Armaan	13	Norwest	38.09
4	McGee, Carter	13	Cranbrook	37.38
5	Bendinelli, Teo	14	Hunter	37.83
6	Way, Mathias	13	Gosford	38.36
7	Wang, Thomas	13	Hornsby	38.61
8	Mueller, Reef	13	Woy Woy	39.04
9	Raymond, Evan	13	Castle Hill	41.22

Heat 4 of 4 Timed Finals

0	Hincks, Lucas	14	Loreto	49.12
1	Park, Ian	13	Mlc	47.82
2	Lin, Lachlan	13	Castle Hill	46.58
3	Lam, Andrew	13	Castle Hill	43.04
4	O'Brien, Andrew	14	Norwest	41.48
5	Lowe, Ilia	16	Gosford	41.57
6	Butcher, Benjamin	14	Loreto	43.06
7	Li, Jimmy	13	Auburn	46.90
8	Lee, Ian	13	SW	48.39
9	Park, Ryan	13	Mlc	51.81

Event 40 Women 13 & Over 50 LC Metre Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Timed Finals

0	Sumner, Lily	15	Lane Cove	36.50
1	Vintila, Andra	16	Castle Hill	36.29
2	Sadler-Pather, Milana	15	Ginninderra	35.99
3	Ji, Iris	14	Mlc	34.33
4	yeo, tam	15	Castle Hill	34.23
5	Lilienthal, Jaya	17	Knox Pymble	34.27
6	Yi, Isabelle	17	Sopac	34.63
7	Gaudry, Chloe	15	Wenona	36.01
8	Assaf, Amelie	15	Norwest	36.44
9	Deery, Liana	16	Ginninderra	36.80

Heat 2 of 5 Timed Finals

0	Yi, Kaitlyn	14	Sopac	39.13
1	Sumner, Alannah	13	Lane Cove	38.98
2	Kumcevski, Clarissa	15	Sans Souci	38.00
3	Ward, Valentina	13	Taree	37.42
4	Hampshire, Alexandra	14	Mittagong	37.13
5	Turner, Pearl	16	Hornsby	37.25
6	Turner-Burns, Bronti	13	Engadine	37.71
7	Ruzek, Felicity	16	Kincumber	38.09
8	Arthur, Mary	14	Swimwest	39.11
9	Karabaeva, Evangelina	15	Gosford	40.26

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 3 Timed Finals... (Event 40 Women 13 & Over 50 LC Metre Breaststroke)

0	Ng, Aliza	14	Castle Hill	41.26
1	Yu, Carolyn	13	Revesby Workers	41.01
2	Marano, Ava	13	Camden	40.91
3	Flannery, Maddy	16	Taree	40.77
4	Barnsley, Olivia	14	Loreto	40.57
5	Cave, Zara	17	Loreto	40.60
6	Scholtens, Emma	14	Warringah	40.88
7	Skelton, Grace	13	The Hills	40.97
8	Flannery, Nelly	14	Taree	41.21
9	Lavender, Sophie	14	Windsor	41.77

Heat 4 of 5 Timed Finals

0	Webber, Kailey	18	Bluefins	46.32
1	Staplehurst, Maiya	13	Mlc	45.72
2	Yu, Olivia	15	Lane Cove	44.50
3	Floro, Isabel	13	Mlc	43.89
4	Gouws, Olivia	13	Loreto	43.57
5	Adams, Catherine	14	Galston	43.80
6	Pappas, Olivia	14	Mlc	43.99
7	Gan, Charlotte	15	Mlc	45.47
8	Negri, Keira	13	Norwest	46.30
9	Bottino, Giaan	14	Castle Hill	46.33

Heat 5 of 5 Timed Finals

0	Crowe, Amanda	24	Lane Cove	54.21
1	Lettice, Caitlin	13	Castle Hill	52.19
2	Hwang, Seoyun	13	Plc Sydney	48.96
3	Nutt, Samantha	13	Loreto	48.42
4	Roberts, Lily	13	Norwest	46.65
5	Yao, Evonnie	13	Hornsby	48.20
6	Murphy, Tully	13	Norwest	48.82
7	Laws, Eva	14	Galston	49.04
8	Ward, Lily	13	Windsor	52.38

Event 41 Mixed 50 LC Metre Breaststroke Multi-Class

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Timed Finals

2	Sebire, Elodie SB14	W14	Norwest	NT
3	Dimech-O'Connell, Daniel SB19	M17	Atlantis	50.05
4	Williams, Michael SB14	M13	Norwest	45.78
5	Wilcox, Alex SB16	M48	Lane Cove	49.65
6	Huang, Lincoln SB8	M8	Coulter	1:20.00
7	Hyde-Grofski, Jaydon SB8	M13	Norwest	NT

Event 42 Women 50 LC Metre Breaststroke Multi-Class In event 41

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Timed Finals

4	Sebire, Elodie SB14	14	Norwest	57.36
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Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Event 43 Men 200 LC Metre Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
0	McGee, Carter	13	Cranbrook	2:33.57
1	Lelaen, Harry	14	Wye Point	2:30.97
2	Bang, Jayden	14	Macquarie University	2:26.89
3	Pilbeam, James	13	Norwest	2:22.99
4	Suvajac, Nicholas	18	Norwest	2:16.38
5	Abbott, George	17	Norwest	2:16.54
6	Havron, Liam	17	Norwest	2:26.45
7	Wong, Jayden	17	Mlc	2:30.56
8	Kim, Edward	13	Norwest	2:31.01
9	Fisher, Oliver	14	Newington	2:38.48
Heat 2 of 2 Timed Finals				
2	Havron, Oliver	13	Norwest	3:09.56
3	Hadri, Abraham	12	Campbelltown	3:03.47
4	Mundey, Campbell	14	Loreto	2:44.56
5	Dimallbot, Nathan	11	Auburn	2:51.58
6	Rayitsyn, Elliot	10	Sopac	3:07.08

Event 44 Women 200 LC Metre Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Timed Finals				
2	Cherry, Emma	15	Norwest	2:47.00
3	Song, Sarah	15	The Hills	2:36.90
4	Hampton, Mia	15	Norwest	2:34.21
5	Hall, Alexandra	13	Woy Woy	2:36.60
6	Leros, Marissa	15	Slc Aquadot	2:39.29
7	Sumner, Alannah	13	Lane Cove	2:50.48

Event 45 Men 12 & Under 50 LC Metre Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Timed Finals				
0	Carter, Ned	12	Hunter	39.39
1	Luhetoa, Kcasiano	12	Nepean	37.78
2	Wilson, Jude	12	Mlc	37.06
3	Qu, Aaron	11	Castle Hill	36.50
4	Yoon, Matthew	12	Sopac	34.43
5	Jin, Daniel	11	Auburn	35.63
6	Davis, Lachlan	10	Kincumber	36.85
7	Yoo, Junsang	11	Castle Hill	37.64
8	Hannah, Joshua	12	Sans Souci	38.51
9	Apthorpe, Flynn	12	Port Macquarie	39.39
Heat 2 of 9 Timed Finals				
0	Walters, Finn	12	Narrabeen	40.69
1	Yuan, Jeffrey	9	Knox Pymble	40.63
2	Nejad, Radean	9	Norwest	40.29
3	Yang, Ashton	9	Knox Pymble	39.85
4	Wilson, Rex	10	Mlc	39.59
5	Wang, Sean	12	Auburn	39.80
6	Flannery, Lenny	12	Taree	40.23
7	G Menon, Madhav	10	Sopac	40.63
8	Pun, Mason	11	Cranbrook	40.65
9	Flippence, Chase	10	Camden	40.73

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 3 Timed Finals... (Event 45 Men 12 & Under 50 LC Metre Backstroke)

0	Wen, Luke	10	Castle Hill	43.16
1	Kakkad, Dhruv	11	Norwest	42.29
2	Phairintrapha, Siwat	12	Norwest	41.84
3	Bigatton, Aidan	10	Southern Sydney	41.59
4	Zhu, Lewis	11	Sopac	41.02
5	Goroglu, Atlas	10	Warringah	41.32
6	Wang, Matthew	11	Norwest	41.80
7	Huang, Jialu	12	Mlc	41.97
8	Guo, Eric	9	Norwest	43.08
9	Hudson-Gofers, Caesar	9	Barker	43.55

Heat 4 of 9 Timed Finals

0	Shippen, Joshua	9	Manly	45.02
1	Howard, Flynn	10	Norwest	44.88
2	Arthur, Kirk	11	Swimwest	44.67
3	Oi, Thomas	12	Kincumber	44.00
4	McVean, Cameron	10	Castle Hill	43.79
5	Shams, Arnik	11	Carlile	43.93
6	Dong, Wenshuo	12	Sydney University	44.25
7	Prideaux, Ethan	10	Bluefins	44.80
8	Oxenford, Ashton	10	Knox Pymble	44.95
9	Blyth, Thomas	11	Galston	45.36

Heat 5 of 9 Timed Finals

0	Wang, Ryan	8	Auburn	46.17
1	Tong, Ethan	12	Knox Pymble	45.81
2	Beech, Mason	10	Swimwest	45.55
3	Shi, Aiden Jy	8	Norwest	45.45
4	Melohn, Beau	12	Kincumber	45.40
5	Rezk, Seraphim	11	Gosford	45.41
6	Graham, Ethan	10	Norwest	45.49
7	Carter, Max	10	Hunter	45.64
8	Beck, Zachary	10	Lane Cove	46.03
9	Zhang, Ethan	8	Castle Hill	46.22

Heat 6 of 9 Timed Finals

0	Wang, Justin	10	Norwest	47.30
1	Davis, William	8	Kincumber	47.12
2	Jones, Gabriel	9	Plc Sydney	46.73
3	Black, George	11	Lane Cove	46.61
4	Grobler, Johannes	10	Norwest	46.53
5	Ding, Dennis	9	Auburn	46.60
6	Liu, Boao	9	Norwest	46.72
7	Sebire, Emerson	12	Norwest	47.09
8	Wang, Jasper	9	Auburn	47.14
9	Kim, Taehyun	8	SW	47.31

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 7 Timed Finals... (Event 45 Men 12 & Under 50 LC Metre Backstroke)

0	Barnes, Ethan	9	Norwest	50.21
1	Oi, James	9	Kincumber	49.13
2	Wu, Dylan	9	Castle Hill	48.91
3	Zhuang, Johnathan	10	Norwest	48.29
4	Hadri, Isaac	11	Campbelltown	47.79
5	Cook, Edward	10	Norwest	48.08
6	Cho, Yoo Chan	11	SW	48.45
7	Yang, Jayden	9	Carlile	49.05
8	Bao, Andrew	10	Norwest	50.13
9	Theoharous, Aiden	11	Bluefins	50.28

Heat 8 of 9 Timed Finals

0	Hodges, Austin	10	Castle Hill	53.30
1	Herman, Dylan	10	Mount Annan	53.08
2	Posthumus, Tobias	7	Menai	52.23
3	Park, Raphael	8	Hornsby	51.74
4	Perry, Jett	8	Norwest	51.04
5	Smith, Jamie	11	Mittagong	51.51
6	Dunk, Thomas	10	Lane Cove	52.07
7	Sebire, Lawson	10	Norwest	52.75
8	Bedford, William	8	Campbelltown	53.15
9	Ford, Anthony	10	Stroud	53.62

Heat 9 of 9 Timed Finals

0	Huang, Lincoln S9	8	Coulter	58.96
1	Theoharous, Kai	9	Bluefins	56.82
2	Ezzy, Dylan	9	Coulter	56.10
3	Hill, Henry	10	Castle Hill	54.45
4	Zhang, Jason	8	Knox Pymble	53.94
5	Capecchi, Tommaso	9	Mittagong	54.29
6	Nejad, Aiden	9	Norwest	54.79
7	Ng, Ian	10	Castle Hill	56.57
8	Zhu, Lucas	9	Sopac	57.03
9	Graham, Marcus	8	Norwest	58.99

Event 46 Women 12 & Under 50 LC Metre Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Timed Finals

0	Butcher, Mikaela	12	Loreto	38.74
1	Perry, Zahli	12	Norwest	37.94
2	Crosbie, Liliane	11	Revesby Workers	37.69
3	Huang, Leona	10	Abbotsleigh	35.51
4	Andrews, Lily	12	Narrabeen	33.64
5	Joh, Chloe	12	Sopac	34.96
6	Fisher, Claire	12	Ku-ring-gai	36.43
7	Liu, Mengqi	11	Sopac	37.73
8	Harrington, Rose	12	Norwest	38.45
9	Bush, Emily	11	Mlc	38.86

Norwest LC Qualifying Meet - 11/01/2025

Meet Program

Heat 2 Timed Finals... (Event 46 Women 12 & Under 50 LC Metre Backstroke)

0	Dunlop, Lily	12	Windsor	40.66
1	Low, Skylar	12	Norwest	40.60
2	Oh, Lina	10	Plc Sydney	40.26
3	Park, Dana	12	Mlc	39.65
4	Lin, Selene	10	Castle Hill	39.39
5	Sheppard, Rose	11	Loreto	39.48
6	Davis, Charlotte	12	Kincumber	40.03
7	Shi, Mia	11	Norwest	40.26
8	Lun, Yuxi	10	Knox Pymble	40.61
9	Kelly, Isabella	11	Wenona	40.66

Heat 3 of 9 Timed Finals

0	Lowe, Lisbeth	11	Gosford	42.05
1	Dudson, Anya	12	Castle Hill	41.69
2	Ventra, Kimberley	9	Menai	41.49
3	Fardell, Ava	12	Kincumber	41.41
4	Assaf, Lucia	11	Norwest	40.84
5	McDonald, Mieke	10	Norwest	40.90
6	Cox, Serena	11	Manly	41.46
7	Zhang, Eva	12	Hornsby	41.54
8	McGee, Jemima	9	Cranbrook	42.01
9	Clapham, Ashley	12	Mlc	42.05

Heat 4 of 9 Timed Finals

0	Bedford, Isabella	11	Campbelltown	44.14
1	Gao, Zoe	11	Barker	43.50
2	Capecchi, Victoria	12	Mittagong	43.30
3	Penny, Morgan	10	Sydney University	42.85
4	Kelly, Madeleine	11	Wenona	42.35
5	SU, Amy	12	Barker	42.43
6	Chapman, Sophie	12	Kincumber	42.86
7	Burda, Nina	11	Macquarie University	43.47
8	Chen, Vanilla	10	Mlc	44.12
9	Finn, Alena	10	Sydney University	44.14

Heat 5 of 9 Timed Finals

0	Zhou, Hailey	7	Plc Sydney	46.14
1	Bye, Pippa	10	Atlantis	45.95
2	Fallins, Lucinda	11	Coulter	45.14
3	De Leeuw, Abigail	11	Bluefins	44.55
4	Hwang, Nicole	10	Plc Sydney	44.29
5	Dimalobot, Arya Sophia	9	Auburn	44.36
6	Tsang, Charlene	10	Macquarie University	44.66
7	Wang, Rose	9	Knox Pymble	45.22
8	Baker, Harriet	10	Lane Cove	46.10
9	Perry, Harper	10	Norwest	46.22

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Heat 6 Timed Finals... (Event 46 Women 12 & Under 50 LC Metre Backstroke)

0	Lichner, Eva	9	Menai	48.34
1	Harrington, Sienna	10	Norwest	47.58
2	Beveridge, Sienna	9	Ku-ring-gai	47.41
3	Zhang, Hailey	10	Knox Pymble	47.24
4	Pinna, Chiara	9	Menai	46.62
5	Low, Averie	10	Norwest	46.80
6	McVean, Emily	9	Castle Hill	47.32
7	Wilcox, Phoebe	10	Lane Cove	47.48
8	Posthumus, Eva	9	Menai	48.01
9	Lawry, Isabelle	10	Lane Cove	48.68

Heat 7 of 9 Timed Finals

0	Kirkland, Bianca	9	Galston	49.82
1	Temuqile, Hongor	7	Auburn	49.50
2	Webber, Jemima	11	Bluefins	49.40
3	Hannah, Emilia	9	Plc Sydney	49.37
4	Yung, Tamia	10	Loreto	48.68
5	Duck, Adelaide	9	Lane Cove	49.36
6	Schultz, Kira	12	Castle Hill	49.37
7	Ding, Ivy	7	Auburn	49.40
8	Huang, Erin	10	Coulter	49.57
9	Yuan, Olivia Ling Yi	8	Mlc	49.83

Heat 8 of 9 Timed Finals

0	Zrnic, Klara	11	Swimwest	54.43
1	Yacoub, Daniela	10	Menai	53.75
2	Dillon, Lucia	9	Lane Cove	51.08
3	Li, Selena	8	Auburn	50.79
4	Ortolan, Celsi	9	Norwest	50.71
5	Raymond, Alyssa	11	Castle Hill	50.79
6	Morgan, Pennan	9	Norwest	50.82
7	Wu, Nicole	10	Knox Pymble	53.39
8	Yang, Alice (Zijin)	8	Macquarie University	54.02
9	Duong, Jasmine	8	Mlc	54.62

Heat 9 of 9 Timed Finals

0	Guo, Emily	7	Norwest	59.48
1	Donnelly, Edith	9	Bluefins	58.33
2	Vlainic, Olivia	9	Norwest	56.01
3	Mueller, Cleo	8	Woy Woy	55.04
4	Cho, Ye Jin	9	SW	54.93
5	Lin, Amelia	9	Swim Infiniti	54.96
6	Shams, Adrina	9	Carlile	55.67
7	Chen, Naomi	9	Swim Infiniti	57.93
8	Chen, Marina	9	Mlc	59.15
9	Dillon, Sinead	7	Lane Cove	59.87

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Event 47 Men 13 & Over 50 LC Metre Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Timed Finals				
0	Wong, Jacob	15	Mlc	31.48
1	Lawrence, Cameron	15	Ravenswood	29.69
2	Boll, Ryan	18	Norwest	28.89
3	Walter, Matthew	17	Barker	28.48
4	Lawrence, Daniel	17	Ravenswood	27.41
5	Wilson, Angus	16	Norwest	28.01
6	Vukasovic, Jack Filip	20	Galston	28.55
7	Nam, Junseong	16	Plc Sydney	29.28
8	Lam, Lewis	16	Castle Hill	30.05
9	Howard, Tristan	15	Norwest	31.96
Heat 2 of 5 Timed Finals				
0	Yacoub, Christopher	13	Menai	33.88
1	Ly, Maddox	15	Galston	33.50
2	Keshishian, Zareh	14	Macquarie University	33.33
3	Lee, Matthew	13	Newington	32.86
4	Geng, Jaiden	15	Castle Hill	32.27
5	HE, Oscar	14	Castle Hill	32.70
6	McGee, Carter	13	Cranbrook	33.15
7	Lam, Andrew	13	Castle Hill	33.35
8	Dunk, Jack	13	Lane Cove	33.84
9	Mueller, Reef	13	Woy Woy	34.33
Heat 3 of 5 Timed Finals				
0	Bradshaw, Riley	13	Terrey Hills	35.65
1	Pandit, Arin	13	Revesby Workers	35.24
2	McDonald, Finn	15	Norwest	35.17
3	Guo, Christopher	15	Macquarie University	34.83
4	Bendinelli, Teo	14	Hunter	34.59
5	Bao, Michael	15	Norwest	34.82
6	Vukasovic, Max	17	Galston	35.03
7	Pang, Gavin	13	Norwest	35.17
8	Glasson, Joel	14	Southern Sydney	35.47
9	O'Brien, Andrew	14	Norwest	36.30
Heat 4 of 5 Timed Finals				
0	Norman, Eli	14	Picton	40.76
1	Smith, Harrison	13	Mittagong	40.58
2	Haifa, Michael Jr	13	Norwest	39.66
3	Willis, Jake	14	Gosford	38.46
4	Sikorski, Liam	13	Norwest	36.63
5	Park, Alexander	13	Hornsby	37.32
6	Helal, Yousef	14	Norwest	39.36
7	Howard, Archie	13	Norwest	40.15
8	Lee, Ian	13	SW	40.72
9	Massali-Singh, Armaan	13	Norwest	40.97

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Heat 5 Timed Finals... (Event 47 Men 13 & Over 50 LC Metre Backstroke)

1	Li, Jimmy	13	Auburn	45.86
2	Park, Ian	13	Mlc	44.04
3	Hincks, Lucas	14	Loreto	42.39
4	Way, Mathias	13	Gosford	41.16
5	Park, Ryan	13	Mlc	42.15
6	Raymond, Evan	13	Castle Hill	43.63
7	Connell, Patrick	13	Loreto	44.31

Event 48 Women 13 & Over 50 LC Metre Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Timed Finals

0	Fayle, Amelie	14	Lane Cove	33.41
1	Dickson, Ella	15	The Hills	33.27
2	Daniell, Kayla	14	Macquarie University	33.12
3	Donald, Jocelyn	17	Sopac	32.58
4	Lilienthal, Jaya	17	Knox Pymble	31.86
5	Noonan, Alexandra	16	Charlestown	32.04
6	Wilson, Madeleine	14	Norwest	32.58
7	Wells, Felicity	14	Lower Blue Mountains	33.23
8	Apthorpe, Iesha S19	20	Port Macquarie	33.41
9	Yi, Kaitlyn	14	Sopac	33.50

Heat 2 of 5 Timed Finals

0	Flannery, Maddy	16	Taree	34.37
1	Hall, Rebecca	16	Woy Woy	34.20
2	Flannery, Nelly	14	Taree	34.05
3	Yu, Carolyn	13	Revesby Workers	33.92
4	Semos, Isabella	15	Manly	33.80
5	Callon, Lily	14	Trinity	33.80
6	Farhy, Aviv	15	Kincoppal-Rose Bay	34.01
7	Kim, Ivy	14	Barker	34.12
8	Seary, Camille	14	Norwest	34.28
9	Lavender, Sophie	14	Windsor	34.56

Heat 3 of 5 Timed Finals

0	Hampton, Zoe	13	Norwest	37.48
1	Scholtens, Emma	14	Warringah	36.35
2	Arthur, Mary	14	Swimwest	36.12
3	Floro, Isabel	13	Mlc	35.38
4	Hume, Zara	13	Windsor	34.57
5	Cheung, Natalie	14	The Hills	34.84
6	Maguire, Ciara	13	Warringah	35.56
7	Bigatton, Ilva	13	Southern Sydney	36.19
8	Ng, Aliza	14	Castle Hill	36.40
9	Wong, Zoe	14	Mlc	37.81

Norwest LC Qualifying Meet - 11/01/2025

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Heat 4 Timed Finals... (Event 48 Women 13 & Over 50 LC Metre Backstroke)

0	Park, Ally	13	Castle Hill	40.55
1	Pappas, Olivia	14	Mlc	40.15
2	Yao, Evonnie	13	Hornsby	38.80
3	Gan, Charlotte	15	Mlc	38.28
4	Gouws, Olivia	13	Loreto	38.00
5	Singh, Pareena	15	Castle Hill	38.10
6	Roberts, Lily	13	Norwest	38.53
7	Adams, Catherine	14	Galston	39.79
8	Tully, Grace	13	Cruiz	40.49
9	Haifa, Taylor Jane	15	Norwest	40.60

Heat 5 of 5 Timed Finals

1	Webber, Alannah	14	Bluefins	46.89
2	Hwang, Seoyun	13	Plc Sydney	44.44
3	Webber, Kailey	18	Bluefins	42.56
4	Barnsley, Olivia	14	Loreto	40.62
5	Murphy, Tully	13	Norwest	42.47
6	Ward, Lily	13	Windsor	43.73
7	Bottino, Giaan	14	Castle Hill	45.25
8	Crowe, Amanda	24	Lane Cove	54.01

Event 49 Mixed 50 LC Metre Backstroke Multi-Class

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Timed Finals

3	Hyde-Grofski, Jaydon S9	M13	Norwest	NT
4	Williams, Michael S14	M13	Norwest	41.29
5	Dimech-O'Connell, Daniel S19	M17	Atlantis	42.61
6	Huang, Lincoln S9	M8	Coulter	58.96
9	Sebire, Elodie S14	W14	Norwest	NT

Event 50 Women 50 LC Metre Backstroke Multi-Class In event 49

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Timed Finals

4	Sebire, Elodie S14	14	Norwest	45.62
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Event 51 Men 200 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Timed Finals

0	Lawrence, Cameron	15	Ravenswood	2:13.36
1	Tieste, Samuel	13	Norwest	2:10.14
2	Officer, Benjamin	15	Dapto	2:05.87
3	Black, Harry	15	Lane Cove	2:04.12
4	Goodchild, Jensen	18	Macquarie University	1:58.51
5	Costelloe, Matthew	18	Hornsby	2:03.46
6	Vukasovic, Jack Filip	20	Galston	2:05.10
7	Pilbeam, James	13	Norwest	2:09.36
8	Jennings, Brandon	14	Castle Hill	2:11.58
9	Park, Gabriel	13	Sopac	2:13.47

Norwest LC Qualifying Meet - 11/01/2025

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Heat 2 Timed Finals... (Event 51 Men 200 LC Metre Freestyle)

0	Yoon, Matthew	12	Sopac	2:24.00
1	McDonald, Finn	15	Norwest	2:20.76
2	Sikorski, Liam	13	Norwest	2:20.20
3	Brown, Luke	13	Windsor	2:17.62
4	Pagent, Joshua	14	Sydney University	2:16.62
5	Kim, Edward	13	Norwest	2:17.62
6	Pang, Gavin	13	Norwest	2:19.81
7	McGee, Oliver	11	Cranbrook	2:20.53
8	Abbott, Thomas	14	Norwest	2:22.29
9	Smith, Harrison	13	Mittagong	2:30.09

Heat 3 of 4 Timed Finals

0	Wang, Sean	12	Auburn	2:41.85
1	Yacoub, Christopher	13	Menai	2:39.97
2	Helal, Yousef	14	Norwest	2:36.12
3	Butcher, Benjamin	14	Loreto	2:33.54
4	Rayitsyn, Elliot	10	Sopac	2:31.62
5	Cui, Ethan	12	Loreto	2:32.80
6	Buck, Koby	12	Revesby Workers	2:33.55
7	Morphett, Noah	12	Nepean	2:37.44
8	McVean, Cameron	10	Castle Hill	2:41.23
9	Hincks, Lucas	14	Loreto	2:44.52

Heat 4 of 4 Timed Finals

1	Graham, Ethan	10	Norwest	2:59.62
2	Park, Ryan	13	Mlc	2:59.12
3	Cho, Yoo Chan	11	SW	2:54.69
4	Wilson, Rex	10	Mlc	2:45.85
5	Nejad, Radean	9	Norwest	2:52.20
6	Chabo, Thomas	11	Mlc	2:58.67
7	Park, Ian	13	Mlc	2:59.49

Event 52 Women 200 LC Metre Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Timed Finals				
0	Burke, Olivia	13	Mlc	2:22.35
1	Wardrop, Piper-Jade	13	Wye Point	2:17.28
2	Assaf, Isabella	13	Norwest	2:16.63
3	Gaudry, Chloe	15	Wenona	2:14.83
4	Smith, Mia	16	Charlestown	2:13.01
5	Carter, Ruby	14	Nuswim	2:14.63
6	Jordan, Kathryn	14	Sydney University	2:16.57
7	Dickson, Ella	15	The Hills	2:16.77
8	Chantler, Madison	15	Mlc	2:20.73
9	Gartner, Makenzi	13	Sopac	2:22.82

Norwest LC Qualifying Meet - 11/01/2025

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Heat 2 Timed Finals... (Event 52 Women 200 LC Metre Freestyle)

0	Karabaeva, Evangelina	15	Gosford	2:30.96
1	Ng, Claire	12	Loreto	2:29.83
2	Miller, Priscilla	11	Knox Pymble	2:28.79
3	Lavender, Sophie	14	Windsor	2:26.06
4	Coyne, Caitlin	14	Trinity	2:24.37
5	Joh, Chloe	12	Sopac	2:25.01
6	Ruzek, Isabelle	14	Kincumber	2:26.43
7	Wong, Zoe	14	Mlc	2:29.79
8	Wu, Sophia	12	Knox Pymble	2:30.01
9	Fisher, Claire	12	Ku-ring-gai	2:31.05

Heat 3 of 5 Timed Finals

0	Zhang, Eva	12	Hornsby	2:44.84
1	Harrington, Rose	12	Norwest	2:40.15
2	Watson, Chloe	12	Manly	2:38.84
3	Park, Dana	12	Mlc	2:31.79
4	Arthur, Mary	14	Swimwest	2:31.18
5	Wong, Isabel	15	Mlc	2:31.47
6	Hodges, Chelsea	13	Castle Hill	2:35.06
7	Skelton, Grace	13	The Hills	2:39.96
8	Pappas, Olivia	14	Mlc	2:43.97
9	Yao, Evonnie	13	Hornsby	2:44.97

Heat 4 of 5 Timed Finals

0	Zhang, Taixi	11	Norwest	2:52.82
1	Hwang, Seoyun	13	Plc Sydney	2:49.76
2	Singh, Pareena	15	Castle Hill	2:47.38
3	Vasik, Elizabeth	16	Southern Sydney	2:46.18
4	Perry, Zahli	12	Norwest	2:45.55
5	Garnett, Elizabeth	11	Lane Cove	2:45.76
6	Nutt, Samantha	13	Loreto	2:46.50
7	Marano, Ava	13	Camden	2:48.46
8	Pratt, Samantha S10	28	Lane Cove	2:50.69

Heat 5 of 5 Timed Finals

3	Kim, April	8	SW	2:59.63
4	Piniero, Cairee	10	Auburn	2:53.80
5	Keating, Matilda	12	Riverstone	2:56.93

Event 53 Men 12 & Under 100 LC Metre Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Timed Finals

0	Rezk, Seraphim	11	Gosford	1:32.26
1	Meshtrovich, Tony	10	Revesby Workers	1:27.98
2	Jin, Daniel	11	Auburn	1:19.81
3	McGee, Oliver	11	Cranbrook	1:11.11
4	Penny, Thomas	12	Sydney University	1:01.98
5	Dimallbot, Nathan	11	Auburn	1:10.09
6	Yoon, Matthew	12	Sopac	1:14.87
7	Apthorpe, Flynn	12	Port Macquarie	1:26.42
8	Flippence, Chase	10	Camden	1:30.25
9	Flannery, Lenny	12	Taree	1:33.04

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Heat 2 Timed Finals... (Event 53 Men 12 & Under 100 LC Metre Butterfly)

0	Lee, Nathan	9	Newington	2:00.92
1	Liu, Boao	9	Norwest	1:49.69
2	Goroglu, Atlas	10	Warringah	1:40.99
3	Lichner, Ewan	9	Menai	1:34.93
4	Zheng, Joshua	11	Loreto	1:33.55
5	Kim, Taehyun	8	SW	1:34.38
6	Nejad, Radean	9	Norwest	1:39.79
7	Liu, Kenneth	10	Mlc	1:48.06
8	Bao, Andrew	10	Norwest	1:57.67
9	Hadri, Abraham	12	Campbelltown	NT

Event 54 Women 12 & Under 100 LC Metre Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Timed Finals

0	Clapham, Ashley	12	Mlc	1:25.82
1	Davis, Charlotte	12	Kincumber	1:22.71
2	Oh, Lina	10	Plc Sydney	1:20.17
3	Donnelly, Ava	11	Revesby Workers	1:16.45
4	Joh, Chloe	12	Sopac	1:13.10
5	Lin, Aurora	12	Castle Hill	1:13.33
6	Li, Jenny	11	Auburn	1:16.93
7	McGee, Jemima	9	Cranbrook	1:21.62
8	Fardell, Ava	12	Kincumber	1:24.70
9	Low, Skylar	12	Norwest	1:26.43

Heat 2 of 2 Timed Finals

2	Dimalobot, Arya Sophia	9	Auburn	1:45.00
3	Butcher, Mikaela	12	Loreto	1:34.79
4	Quantick Barnes, Eadie	12	Lane Cove	1:27.88
5	Liu, Emi	9	Auburn	1:29.56
6	Lubinski, Edith	10	Wye Point	1:37.36

Event 55 Men 13 & Over 100 LC Metre Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Timed Finals

0	Bang, Jayden	14	Macquarie University	1:04.13
1	Ford, Alexander	16	Stroud	1:03.27
2	Walter, Matthew	17	Barker	1:01.75
3	Keat, Hamish	18	Picton	59.45
4	Lawrence, Daniel	17	Ravenswood	58.37
5	Suvajac, Nicholas	18	Norwest	58.47
6	Nam, Junseong	16	Plc Sydney	1:01.68
7	Abbott, George	17	Norwest	1:02.85
8	Park, Joshua	15	Sopac	1:03.29
9	Mathie, Blake	19	Norwest	1:04.76

Heat 2 of 3 Timed Finals

0	Yacoub, Christopher	13	Menai	1:14.05
1	Fisher, Oliver	14	Newington	1:10.99
2	Lelaen, Harry	14	Wye Point	1:09.73
3	Tieste, Samuel	13	Norwest	1:07.28
4	Murdoch, Ryan	17	Windsor	1:05.47
5	McGee, Carter	13	Cranbrook	1:06.20
6	Ly, Phoenix	13	Galston	1:09.19
7	Pandit, Arin	13	Revesby Workers	1:10.41
8	Boyden, Marcus	15	Lane Cove	1:13.00

Norwest LC Qualifying Meet - 11/01/2025**Meet Program****Heat 3 Timed Finals... (Event 55 Men 13 & Over 100 LC Metre Butterfly)**

3	Xia, Bowen	13	Mlc	1:20.92
4	Connell, Patrick	13	Loreto	1:16.69
5	Howard, Archie	13	Norwest	1:20.78

Event 56 Women 13 & Over 100 LC Metre Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
0	Dickson, Ella	15	The Hills	1:11.31
1	Flannery, Maddy	16	Taree	1:10.39
2	Jordan, Kathryn	14	Sydney University	1:07.54
3	Trewern, Abbey	17	360 Scully Park	1:06.12
4	Apthorpe, Iesha S19	20	Port Macquarie	1:04.66
5	Noonan, Alexandra	16	Charlestown	1:05.55
6	Ruzek, Felicity	16	Kincumber	1:07.54
7	Hepburn, Ava	14	Kincumber	1:07.81
8	Searly, Camille	14	Norwest	1:11.02
9	Kim, Ivy	14	Barker	1:12.89
Heat 2 of 2 Timed Finals				
2	Hughes, Annabelle	15	Nuswim	1:19.81
3	Evans, Caitlin	25	Revesby Workers	1:15.74
4	Schultz, Hayley	15	Castle Hill	1:13.44
5	Gaudry, Chloe	15	Wenona	1:13.71
6	Wong, Zoe	14	Mlc	1:19.22
7	Vasik, Elizabeth	16	Southern Sydney	1:24.42